

# Camp Skymeadow

Camp Confirmation Packet: Troop/Family Camp







Dear Camp Skymeadow family, groups, and friends,

I am so excited to welcome you to Camp Skymeadow this upcoming summer. The camp staff and I are proud of the planning and preparation for the many fun and exciting activities and programs we have this season. We are thrilled that you will be joining us to go on many adventures, make new friends (and keep the old!), and make incredible memories that you will carry throughout your lifetime.

Camp Skymeadow is a magical place where a Girl Scout can be her authentic and empowered self. This confirmation packet is intended to be read by you, the Girl Scout attending camp, and has been designed to effectively prepare you for your time at camp. If you have an adult helping you plan, pack, or do anything else to prepare for camp—read this together.

This confirmation packet includes important information that you will need to review before you arrive at Camp Skymeadow. Please be sure to read it in its entirety to fully prepare you for your camp adventure!

Once again, our forms and paperwork are going digital! You will be sent the needed forms after your registration is processed. These forms are so important because they help us understand who you are, what you do and do not like, and what you're most excited for at camp. In the event you forget to submit a form, there will be copies available to complete at check-in. *These forms are required*.

We are looking forward to a fantastic summer at Camp Skymeadow, and we are excited for you to join in the fun.

See you at camp!

Cakes

Camp Skymeadow Camp Director

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# Getting Ready for Camp!

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#### **Getting Ready for Camp!**

#### **Preparation Checklist**

There are many ways to prepare for the adventure of summer camp! Here are a few of our best tips and tricks to ensure you have the maximum amount of fun at Camp Skymeadow:

- Read and review this confirmation packet in its entirety—a Girl Scout is always prepared! This confirmation packet is intended for you, the Girl Scout, to read and review.
- Have conversations with your friends, family, troop leader, and others who can help you prepare for your upcoming adventure!
- Have a camping practice run to get prepared! Here are some fun activities to try out:
  - Pack an overnight bag (remember all the essentials—see our "Packing List" below).
  - Have a sleepover or slumber party with a fellow Girl Scout, friend, or family member.
  - Practice setting up a tent, making your bed, and/or preparing your sleep space.
  - o Keep a journal handy if you would like to document your adventure!
  - Enjoy a campfire dessert—s'mores are a camp staple!

# **Packing List**

Clothing	Personal Care		
<ul> <li>□ 3 T-shirts</li> <li>□ 3 changes of underwear</li> <li>□ 3 pairs of socks</li> <li>□ 1 pair long socks</li> <li>□ 2 sweatshirts</li> <li>□ 1 pair sweatpants</li> <li>□ 2 pairs of shorts</li> <li>□ 1 pair long pants/jeans</li> </ul>	<ul> <li>Hair care products</li> <li>Soap/body wash</li> <li>Toothbrush and toothpaste</li> <li>Deodorant</li> <li>Menstrual supplies</li> <li>Sunscreen</li> <li>Bug spray</li> <li>Shower caddy</li> </ul>		
□ 1 swimsuit	Linens		
<ul> <li>1 beach towel</li> <li>1 pair closed-toed shoes (NO open-toe shoes are allowed at camp!)</li> <li>1 pair of shoes suitable for horseback riding</li> <li>1 pair of shower shoes</li> <li>1 pair water shoes or crocs</li> <li>2 pairs of pajamas</li> <li>Rain jacket</li> <li>Hat</li> </ul>	<ul> <li>Set of twin sheets</li> <li>Sleeping bag</li> <li>Blanket</li> <li>Pillow</li> <li>1-2 bath towels</li> <li>3 washcloths</li> <li>Laundry bag</li> </ul>		
Additional Items	Optional Items		
<ul> <li>Reusable water bottle</li> <li>Backpack or slingback</li> <li>Flashlight</li> <li>Extra batteries</li> <li>Day pack or backpack for daily use</li> </ul>	<ul> <li>Sunglasses</li> <li>Disposable camera</li> <li>Journal</li> <li>Toiletry container/carrier</li> <li>Playing cards or other</li> </ul>		
Items to Leave at Home			
Illegal drugs and/or drug paraphernalia, tobacco products and/or vaping devices, alcohol, knives, guns, or any weapon, fireworks or explosives, matches, lighters or candles.			

#### **Needed Forms**

Once again, our forms and paperwork are going digital! You will be sent the needed forms after your registration is processed. These forms are vital to providing the best possible camp experience. In the event you forget to submit a form, there will be copies available to complete at check-in. *These forms are required*.

#### Camper Code of Conduct and Camp Information Form

The Camper Code of Conduct is an acknowledgment that you will abide by the Girl Scout Law and Girl Scout Promise during your time at camp. **Failure to abide by the Camper Code of Conduct by both adults and campers may result in dismissal from activities or camp.** 

The Camp Information Form is an acknowledgment that your adult gives permission for you to attend overnight camp and it is a disclosure of any health needs, dietary needs, etc. This form also acknowledges your safety at camp.

#### **Health History Form**

This form provides the camp director and healthcare manager with any crucial medical information to ensure you have a safe experience at camp, as well as any needed information in the event of an emergency. You will provide any information about allergies, medication you take, etc.

#### Horseback Riding Release Form

This form is for Girl Scouts attending Camp Skymeadow and allows you to participate at the barn during your time at camp. Please note that while adults are allowed the opportunity to horseback ride, there is a weight limit of 250 pounds.

#### **Camp Procedures**

#### **Check-In and Check-Out Procedures**

#### Check-In

<u>Check-in time is 6 p.m. for all groups. Early arrivals will be queued at the front gate until check-in time.</u>
Upon your arrival at Camp Skymeadow, you will queue on the main camp road leading up to the red Camp Skymeadow sign. There you will check in with the camp director.

#### At the check-in stop, you will do the following:

- Greet Cakes, the Camp Skymeadow camp director. She will verify your name and troop/group, check your forms, and communicate your unit.
- You will then drive to your unit and set up your space before the evening activities.

#### Check-Out

Check-out is at **10 a.m. on Sunday**. There will be a laminated sheet of paper with "check-out" procedures in/near each unit. Please be sure to follow those instructions and **tidy up your space before your group departs.** 

Once your group has finished and is all packed up, you may depart! Cakes will be around to pick up trash but does not have to be present for you to leave.

\*Please note: if your area is left untidy, we will reach out to you about future stays at camp.

#### A Typical Weekend at Camp Skymeadow

Here is an example of what your schedule and programs might look like for the weekend. *Please note that weather affects camp and outdoor activities heavily and we do our best to accommodate in the event of rain.* 

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6 p.m. Welcome to camp!

7:30 p.m. Welcome campfire

10 p.m. Lights out

**Saturday** 

8:30 a.m. Flag Ceremony + Breakfast

10 a.m. Horseback Riding

11:30 a.m. Archery

1 p.m. Lunch + Rest

2:30 p.m. Arts and Crafts/Games

4 p.m. Swimming OR Pond Activity\*

\*Depending on weather and staff available

5 p.m. Showers and prepare for cookout

7 p.m. Campfire cookouts at each unit\*

\*Camp Director will provide supplies and staff will be available to help start fires at units if needed

10 p.m. Lights (and campfires!) out

#### **Sunday**

9 a.m. Breakfast

10 a.m. Clean units and pack belongings

11 a.m. Safe travels!

<sup>\*\*</sup>This is just an example schedule. Please refer to the specific schedule Cakes will provide the week of your event for an actual schedule of your weekend.

#### **Living Accommodations**

You will find out your living unit from Cakes the week of your event. Living units are determined by group numbers, session activities, and any other accommodations. At Camp Skymeadow we have the following living units:

- Platform Tents at Forest and Alpine
  - o Platform tents are large canvas tents that accommodate four Girl Scouts.
  - Each platform tent unit has four composting toilets available for use, and showers are nearby at the pool shower house.
  - Each platform tent unit has a pavilion and fire ring that you will utilize throughout the week.
  - Platform tents do not have electricity. Cakes recommend packing fairy lights or other battery-powered lights to decorate the tent or lodge.
- Forest and Alpine Lodge
  - o Lodges include bunk beds and accommodate anywhere from 15-34 Girl Scouts.
  - o Lodges include flush toilets and shower facilities.

#### **Emergency Procedures**

Camp Skymeadow has a comprehensive and extensive Emergency Action Procedure Plan that includes emergencies such as inclement weather/flooding, fire, missing camper, etc. A copy of this plan is available to review if desired.

Inclement weather such as thunderstorms does sometimes occur during camp. During a thunderstorm, all campers will be indoors until the storm passes and there is no thunder or lightning for 30 minutes consecutively.

If you have a personal or family emergency occur during your time at camp, your adult can contact the camp director directly. At this time, an action plan can be made that includes talking about the emergency, arranging pick-up (if needed), and any other needs. The camp director for Camp Skymeadow, Cakes, can be reached at:

Kayla "Cakes" Cook

E: kcook@gswpa.org

During business hours (Monday-Thursday from 8:30 a.m.-5 p.m. and Friday from 9 a.m.-noon), you may also call our customer care line at (800) 248-3355 and they can patch you through directly.



# What's the food like at camp?

Here are some things that might be on the menu during your visit to camp.

\*Please be sure to note any food allergies/ dietary restrictions on your registration and let us know if you are bringing any of your own food to meet your dietary needs.

# Breakfast

- Waffles
- Pancakes
- Sausage
- Cereal
- Juice
- Milk

# Lunch

- Grilled Cheese
- Hamburgers
- Salad Bar
- Deli Sandwiches

# Dinner

- Pizza mountain pies
- Pasta
- Hot dogs
- Foil packs



#### **Dietary Needs**

If you have any dietary restrictions or any additional dietary needs that are not listed on your registration, please reach out to Cakes prior to your arrival. Meals consist of balanced options and alternatives (salad bar, non-nut butter and jelly, etc.). Vegetarian options are available at each meal and vegan options can be made available with advance notice. Please refrain from bringing additional snacks or food to camp or packing them in your luggage. This is to prevent wildlife from intruding into your living space.

#### **Electronics at Camp**

We strongly discourage the use of cell phones and electronic devices including electronic games, iPod/MP3 players, laptops/iPads, hair dryers, etc. during your family's/troop's stay at Camp Skymeadow. Electronic use at camp greatly contributes to homesickness and thus affects your camping experience. However, the use of cell phones and electronic devices is at the sole discretion of the troop leader/adult in charge.

Camp Skymeadow and Girl Scouts Western Pennsylvania cannot be held responsible for items lost or stolen at camp. In addition, Camp Skymeadow does not have secure places for these items to be charged or stored.

#### Lost and Found

Please label all items packed for camp with your name. Any lost and found items from the week will be on display at check-out. Lost and found will be stored at camp until the conclusion of the camp season—August 30, 2024—with every effort to reunite lost items with campers. After this date, lost and found items will be donated or discarded.

#### **Trading Post**

Camp Skymeadow has a camp store, which we call the Trading Post. This will be open once during your stay. Cakes will communicate details as the event gets closer.

#### **Equestrian Program**

Everyone will have a chance to ride a horse at camp, however, we do prioritize the camper/child experience with limited time at the barn. Adults will be given the chance to ride if there is time. Please be sure to bring long pants and close-toed shoes with small heels for riding. Not sure about your shoes? Reach out to Cakes!

#### **Additional Questions**

If you have additional questions regarding your time at camp, you can visit our <u>FAQ page</u>.

### **COVID-19 Policies**

Please view our <u>COVID-19 Plans & Procedures</u> on our website for all the latest policies. As we get closer to camp, we will reach out with any specifics for your session.