

Get Outdoors Challenge Spring Activities		
<input type="checkbox"/> 1. Visit a local park or playground.	<input type="checkbox"/> 26. Visit a state park.	<input type="checkbox"/> 51. Visit a national park or forest.
<input type="checkbox"/> 2. Visit a nature center.	<input type="checkbox"/> 27. Attend a ranger hike/talk.	<input type="checkbox"/> 52. Hike a new trail.
<input type="checkbox"/> 3. Visit a waterfall.	<input type="checkbox"/> 28. Hug a tree.	<input type="checkbox"/> 53. Watch the sunset.
<input type="checkbox"/> 4. Go stargazing.	<input type="checkbox"/> 29. Build a fire in a fire circle.	<input type="checkbox"/> 54. Cook over a fire.
<input type="checkbox"/> 5. Sing songs around a campfire.	<input type="checkbox"/> 30. Make lemonade from scratch.	<input type="checkbox"/> 55. Play in the rain.
<input type="checkbox"/> 6. Measure the rainfall during a storm.	<input type="checkbox"/> 31. Go fishing.	<input type="checkbox"/> 56. Look for rainbows.
<input type="checkbox"/> 7. Watch a thunderstorm (from a sheltered spot).	<input type="checkbox"/> 32. Lie down in the grass and watch the clouds.	<input type="checkbox"/> 57. Skip stones across a pond or lake.
<input type="checkbox"/> 8. Read a book outside.	<input type="checkbox"/> 33. Learn how to use a compass.	<input type="checkbox"/> 58. Ride a bike.
<input type="checkbox"/> 9. Play your favorite sport outside.	<input type="checkbox"/> 34. Play with a frisbee.	<input type="checkbox"/> 59. Play your favorite version of tag.
<input type="checkbox"/> 10. Fly a kite.	<input type="checkbox"/> 35. Blow bubbles.	<input type="checkbox"/> 60. Have a picnic.
<input type="checkbox"/> 11. Walk barefoot in the grass.	<input type="checkbox"/> 36. Plan or complete a scavenger hunt.	<input type="checkbox"/> 61. Volunteer at a community service event.
<input type="checkbox"/> 12. Volunteer to take a shelter pet for a walk.	<input type="checkbox"/> 37. Do a trash cleanup in your neighborhood.	<input type="checkbox"/> 62. Play outside with a pet.
<input type="checkbox"/> 13. Create art inspired by nature.	<input type="checkbox"/> 38. Make a craft using recycled materials.	<input type="checkbox"/> 63. Draw a sidewalk chalk masterpiece.
<input type="checkbox"/> 14. Take nature photos.	<input type="checkbox"/> 39. Plant a tree or flower.	<input type="checkbox"/> 64. Start seeds for a garden.
<input type="checkbox"/> 15. Spot the first crocuses of the season.	<input type="checkbox"/> 40. Visit a farm.	<input type="checkbox"/> 65. Visit a farmers' market.
<input type="checkbox"/> 16. Visit a zoo.	<input type="checkbox"/> 41. Visit a botanical garden.	<input type="checkbox"/> 66. Make a birdfeeder or bat house.
<input type="checkbox"/> 17. Learn how to identify a bird call.	<input type="checkbox"/> 42. Go geocaching.	<input type="checkbox"/> 67. Create a letterbox.
<input type="checkbox"/> 18. Explore a creek and the critters living there.	<input type="checkbox"/> 43. Make mud pies.	<input type="checkbox"/> 68. Participate in a community walk or run.
<input type="checkbox"/> 19. Learn how to identify a tree by its leaves.	<input type="checkbox"/> 44. Look for four-leaf clovers.	<input type="checkbox"/> 69. Learn about the moon phases.
<input type="checkbox"/> 20. Learn about knife safety.	<input type="checkbox"/> 45. Practice whittling a roasting stick.	<input type="checkbox"/> 70. Go backyard camping.
<input type="checkbox"/> 21. Learn to whistle with a blade of grass.	<input type="checkbox"/> 46. Attend a GSWPA outdoors event.	<input type="checkbox"/> 71. Stay overnight at a GSWPA camp.
<input type="checkbox"/> 22. Learn to identify three different types of clouds.	<input type="checkbox"/> 47. Learn about honey bees and how to protect them.	<input type="checkbox"/> 72. Spot and identify three different types of butterflies.
<input type="checkbox"/> 23. Earn the Eco badge for your Girl Scout level.	<input type="checkbox"/> 48. Observe a wild animal (from a safe distance).	<input type="checkbox"/> 73. Learn the seven principles of <i>Leave No Trace</i> .
<input type="checkbox"/> 24. Learn about animals local to western Pennsylvania.	<input type="checkbox"/> 49. Feed ducks corn, peas, lettuce, or birdseed. (Bread is bad for birds!)	<input type="checkbox"/> 74. Learn about animals coming out of hibernation.
<input type="checkbox"/> 25. Pick fruit or vegetables at a farm or in your garden.	<input type="checkbox"/> 50. Earn the Naturalist badge for your Girl Scout level.	<input type="checkbox"/> 75. Catch the wind in a wind sock, pinwheel, or weather vane.
<b>Send pictures/videos of your outdoor adventures to GSWPA at <a href="http://gswpa.org/getoutdoors">gswpa.org/getoutdoors</a>.</b>		

Complete the required number of spring and summer activities for your grade level to earn your **Get Outdoors Challenge patch** or your **spring/summer flower** if you have already earned the main patch. When you've checked off the required number of activities for both seasons, visit [gswpa.org/getoutdoors](http://gswpa.org/getoutdoors) by **October 21** to register to receive your patch or spring/summer flower. Late submissions will not receive free patches.

Number of Activities Required Per Grade Level							
Daisy Launch	Daisy	Brownie	Junior	Cadette	Senior	Ambassador	Adult
10	20	25	30	35	40	45	50

For official challenge rules and guidelines, visit [gswpa.org/getoutdoors](http://gswpa.org/getoutdoors).  
This challenge is brought to you by a generous grant from the Richard King Mellon Foundation.

Get Outdoors Challenge Summer Activities

<input type="checkbox"/>	1. Visit a local park or playground.	<input type="checkbox"/>	26. Visit a state park.	<input type="checkbox"/>	51. Visit a national park or forest.
<input type="checkbox"/>	2. Observe a full moon.	<input type="checkbox"/>	27. Attend a park ranger hike/talk.	<input type="checkbox"/>	52. Watch the sunrise.
<input type="checkbox"/>	3. Go for a hike.	<input type="checkbox"/>	28. Attend an outdoor sporting event.	<input type="checkbox"/>	53. Swim in an ocean, lake, or river.
<input type="checkbox"/>	4. Go on a pony or horseback ride.	<input type="checkbox"/>	29. Go on a bug hunt.	<input type="checkbox"/>	54. Put your toes in the sand at a beach.
<input type="checkbox"/>	5. Swim in an outdoor pool.	<input type="checkbox"/>	30. Watch fireflies at night.	<input type="checkbox"/>	55. Go stand up paddle boarding.
<input type="checkbox"/>	6. Go canoeing, kayaking, or sailing.	<input type="checkbox"/>	31. Play your favorite sport outside.	<input type="checkbox"/>	56. Draw and play on a hopscotch court.
<input type="checkbox"/>	7. Hike to an overlook or vista.	<input type="checkbox"/>	32. Tie-dye outside.	<input type="checkbox"/>	57. Go troop camping at a GSWPA camp.
<input type="checkbox"/>	8. Host a backyard campout.	<input type="checkbox"/>	33. Watch a movie outside.	<input type="checkbox"/>	58. Go backpacking for a night.
<input type="checkbox"/>	9. Attend a GSWPA resident camp session.	<input type="checkbox"/>	34. Go whitewater rafting.	<input type="checkbox"/>	59. Climb a tree or play in a treehouse.
<input type="checkbox"/>	10. Volunteer at a park cleanup day.	<input type="checkbox"/>	35. Help clean up a trail.	<input type="checkbox"/>	60. Spend some time meditating outdoors.
<input type="checkbox"/>	11. Play in a sprinkler.	<input type="checkbox"/>	36. Take a night hike.	<input type="checkbox"/>	61. Play disc golf.
<input type="checkbox"/>	12. Go on a zipline.	<input type="checkbox"/>	37. Camp at a campground.	<input type="checkbox"/>	62. Go birdwatching.
<input type="checkbox"/>	13. Make a s'more over a campfire.	<input type="checkbox"/>	38. Sing songs around a campfire.	<input type="checkbox"/>	63. Go rock climbing.
<input type="checkbox"/>	14. Go primitive camping.	<input type="checkbox"/>	39. Explore a cave or cavern.	<input type="checkbox"/>	64. Ride a bicycle 10 or more miles.
<input type="checkbox"/>	15. Play miniature golf.	<input type="checkbox"/>	40. Ride a skateboard or roller blade.	<input type="checkbox"/>	65. Attend an outdoor performance or concert.
<input type="checkbox"/>	16. Shoot an air rifle or BB gun.	<input type="checkbox"/>	41. Hang out in a hammock.	<input type="checkbox"/>	66. Shoot archery or slingshots.
<input type="checkbox"/>	17. Do a science experiment outside.	<input type="checkbox"/>	42. Complete your own DIY project outside.	<input type="checkbox"/>	67. Float on a river or lake in a tube or raft.
<input type="checkbox"/>	18. Make ice cream from scratch.	<input type="checkbox"/>	43. Eat a fresh slice of watermelon outside.	<input type="checkbox"/>	68. Host a cookout or barbecue.
<input type="checkbox"/>	19. Watch fireworks or sparklers.	<input type="checkbox"/>	44. Help wash a car.	<input type="checkbox"/>	69. Build a sandcastle.
<input type="checkbox"/>	20. Go to a carnival, fair, or amusement park.	<input type="checkbox"/>	45. Play a game of flashlight tag outside.	<input type="checkbox"/>	70. Swing on an outdoor swing set or tire swing.
<input type="checkbox"/>	21. Host or attend a Summer Solstice celebration.	<input type="checkbox"/>	46. Guide a younger troop on a hike or nature walk.	<input type="checkbox"/>	71. Go geocaching, orienteering, or letterboxing.
<input type="checkbox"/>	22. Earn the Troop Camping badge for your Girl Scout level.	<input type="checkbox"/>	47. Learn how to use a camping stove and cook a meal or snack.	<input type="checkbox"/>	72. Learn the stories behind three constellations.
<input type="checkbox"/>	23. Get as far as you can on a ropes/challenge course.	<input type="checkbox"/>	48. Have a water fight (sponges, balloons, water guns).	<input type="checkbox"/>	73. Earn the Outdoor Art badge for your Girl Scout level.
<input type="checkbox"/>	24. Read a book from your summer reading list outside.	<input type="checkbox"/>	49. Go on an evening stroll around your neighborhood with your family.	<input type="checkbox"/>	74. Make your own slip n' slide and then slide down it.
<input type="checkbox"/>	25. Learn water safety from a lifeguard or water safety instructor.	<input type="checkbox"/>	50. Complete a National Park Service Junior Ranger badge.	<input type="checkbox"/>	75. Bike or mountain bike on a rail trail or biking trail.

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