

# 2021 Summer Camp COVID-19 Mitigation & Operations Plan

COVID - 19 Mitigation & Operations Plan Girl		
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#### **COVID - 19 Mitigation & Operations Plan Girl Scouts Western Pennsylvania Foundation**

At Girl Scouts Western Pennsylvania, we take standards for hygiene and cleanliness very seriously and are taking additional steps to protect our campers, families and employees. Our health and safety measures are designed to address a broad spectrum of viruses, including COVID-19, and include everything from handwashing hygiene and cleaning product specifications to the cleaning of program equipment, watercraft and the tools of our trade.

The purpose of this plan is to develop and implement a strategy to operate summer camp programs while preventing the spread and outbreak of COVID-19. We are closely monitoring government policy changes and are following the strict Mandatory and Recommended Best Practice Guidance of the American Camp Association (ACA) Operations Field Guide, Association of Camp Nurses (ACN) Coronavirus Guidelines, Centers for Disease Control (CDC) Guidance for Operating Youth and Summer Camps During COVID-19. and mandates the State of Pennsylvania "Responsible PA Summer Camp Guidelines-COVID-19" as well as from federal, state and local governments and health departments. We will continue to make changes, as necessary or appropriate, to our protocols and procedures to ensure our due diligence in making Girl Scouts Western Pennsylvania a viable and safe option for our families this season.

#### SUMMER CAMP CONSIDERATIONS

Mask Policy: Campers and staff will be required to wear face coverings that cover the mouth
and nose at all times, for both indoor and outdoor activities. There will be mask breaks
throughout the day. Campers and staff will not wear a mask during sleeping, showering, eating,
or swimming. We suggest campers bring at least one mask per day, and bags to store used and
clean masks.

#### Capacity Modification

To allow for a reduction of individuals onsite, as well as maximizing the opportunity for continued daily disinfection and cleaning, each session will reduce camp capacity to approximately 50%. This decrease will help staff create a system of pods for the campers. Additionally, we will reduce the number of cabins/groups onsite to allow formore flexibility in the weekly schedule for showering, cleaning, spacing of groups, etc.

#### Create Pods

Each session at each camp will be broken into pods. Camps will create pods and will limit contact with other camper units; to help prevent the spread of disease throughout the camp. (Example: There are 3-5 camp sessions running at each camp. Each session that week will create their own pod as well as the Unit Leaders and Counselors supervising that pod.)

- All camp events can occur with spaced out pods, and masks will be required.
  - Campfires, Flag Ceremony, Other
    - Campers will remain with their respective pod groups.
    - Some camps will not run traditional all-camp events, instead they will create events within each pod.

#### Increased Cleaning

In order to run a safe and engaging summer camp during this pandemic, staff will work to increase cleaning protocols and sanitation methods. This will include:

- Purchasing sanitizing misting machines to spray common spaces and shared equipment (i.e., pool houses and common areas)
- Limiting restroom use to designated pods

#### Program Cancellations

- Currently as of 5/15/2021, we plan to run all programs available at camp with modifications to run safely.
  - Travel programs will run; however, all trips will stay within Pennsylvania to keep state procedures and processes consistent for the safety of our girls and staff. You should receive an email from the Camp Director explaining the changes. If not please reach out to Customer Care.

\*Public health conditions may change over the summer in a way that requires camp sessions to be cancelled. We will monitor reports about infection rates so that camp is conducted only if data about community infections is within the CDC and the State of Pennsylvania's Department of Health's recommended guidelines. FREQUENTLY ASKED QUESTIONS

#### 1. When will Campers and Staff wear mask?

Campers and staff will be required to wear face coverings that cover the mouth and nose at all times, for both indoor and outdoor activities. There will be mask breaks throughout the day. Campers and staff will not wear a mask during sleeping, showering, eating, or swimming.

We suggest campers bring at least one mask per day, and bags to store used and clean masks.

## 2. What will group sizes be and how will camp implement social tracing?

Our camper groups will be approximately 50% capacity or less and campers will travel together to and from activities with the same group of campers the entire day.

# 3. What will happen if a camper presents flu-like symptoms?

The camper will go to the to visit one of the nurses. Within the nurse's room there are rooms to isolate. The nurse, wearing upgraded personal protective equipment, will ask campers questions and take their temperature. If the camper has a temperature over 100.4 degrees or presents any of the symptoms listed as potentially having a flu-like illness, the emergency contact will be contacted immediately, and the child will need to be picked up as soon as possible or within 6 hours. (See attached COVID Mitigation Matrix)

#### 4. Will campers be required to guarantine prior to arriving at camp?

Campers will not be required to quarantine prior to arriving at camp, though Girl Scouts Western Pennsylvania is asking parents to be mindful of events your family and daughter attends prior to coming to camp. If your camper expresses two or more symptoms of COVID-19 prior to coming to camp, we ask that they not attend that week. Please reach out to Camp Staff or Customer Care to have your registration transferred to another week. We will not require a negative COVID-19 test prior to arriving at camp for the campers.

5. How long will families have to pick up their child from camp if they have flu like symptoms? Families will be asked to pick up their child if they experience flu-like symptoms within 6 hours. If your child develops flu-like symptoms during the night, staff will call you and you can pick up your child in the morning or come get her after the phone call.

#### 6. How will staff be screened to make sure that they are symptom-free?

Staff will be required to show proof of vaccination or a negative test result prior to coming to camp. If staff develop flu-like symptoms they will self-quarantine and/or head home.

Staff will be required to show a negative COVID-19 test prior to arriving on camp.

#### 7. What will check-in look like this year?

Campers will have designated times to arrive at camp with their families. Each camper will be screened with a digital thermometer, if the camper has a temperature of 100.4 degrees, they will not be allowed to come to camp that week. Campers will proceed to the nurse's station where a health check will occur (lice checks, Strep check, Hand-Foot Mouth Check, as well as a COVID survey). Campers will have clearly marked off areas where their group will be, and their bags will be dropped off at designated areas and taken to the cabins.

- Masks will be worn by all parties (staff, campers, parents) throughout the entire check-in process.
- Parent/Caregivers will not be able to head back to the cabins with their child. After your child
  checks into their pod with the counselors, parents will have the opportunity to say goodbye to
  their camper and then leave camp.
- We ask that families limit adults coming to check-in to one adult.

#### 8. What will meals look like this summer?

Meals will be either be delivered to each POD's living area and if the weather is nice then girls will eat outside or under pavilions. Or pods will eat around the dining hall at various stations.

#### 9. How will campers practice social distancing in the pool or the lake?

Research thus far does not show any evidence of transference in water. However, campers will wash their hands before going to the lake or pool, sanitize their hands after changing their clothes and wash their lifejacket in a disinfecting solution and hang dry after use.

#### 10. Will campers have fun at camp?

Yes! Camp is about experiencing safe, fun adventures while making friends in an amazing place! We are committed to keeping kids safe as our first priority. This summer we added things to make sure that campers and staff washand sanitize their hands between each activity. We are committed to creating magical experiences that make great memories for the kids! Additional hand washing stations will be set up around each camp. These changes are in line with standards set from the American Camp Association as well as the Association of Camp Nurses, CDC, and the PA Department of Health.

#### 11. What happens if my child gets sent home for illness?

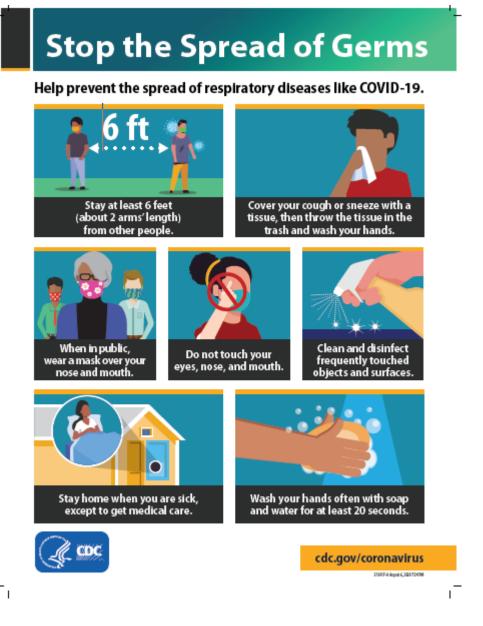
- If you child expresses flu-like symptoms and gets sent home prior to Wednesday of that week, you can contact customer care to transfer your camp cost to another camp. (If you aren't able to reschedule a refund minus the deposit can be obtained.
- If your child develops flu-like symptoms and needs to be sent home from Wednesday –Friday of the camp week, no transfer credit or refund will be available.
- If you your child is send home due to a Pod or camp closure, GSWPA will work with you to get transferred to another week or give you a refund.

#### 12. What can I do as a parent to prepare my child for camp this summer?

We all want camp to be a positive experience! We want the kids to make friends, go on adventures, learn more about themselves, others, and their world while having a blast outside!

- Talk with your camper about expectations and how they can have a safe and fun week.
- Discuss how to wear the mask properly, practice good hygiene like proper hand

- washing, what 6 feet of separation is (avoid hitting, tackling or hanging on others) and most importantly NOT touching their face.
- We are promoting healthy habits and weappreciate your help. We recommend that you limit travel, large gatherings and contact with others in the 2 weeks prior to your campers start date.



#### **SCREENING PROCEDURES**

#### Screening Employees and Volunteers

• Every day, before work, each employee must pass a temperature check then answer the following questions:

"Since your last day of work, have you had any of the following:"

- A new fever (100.4 or higher, or a sense of having a fever)?
- A new cough that you cannot attribute to another health condition.
- New shortness of breath that you cannot attribute to another health condition.
- o A new sore throat that you cannot attribute to another health condition.
- New muscle aches that you cannot attribute to another health condition, or that may have been caused by a specific activity (such as physical exercise)?
- Nausea, vomiting, or diarrhea?
- Congestion or a runny nose? \*That is not attributed to seasonal allergies
- If an employee answers yes to any of the screening questions, the screener will immediately activate the emergency protocol for COVID-19 by following these steps:
  - Remove the employee from the work area and isolate the employee from others.
  - Implement the use of masks and gloves by the employee and co-workers until a status can be determined with a medical test or personnel.
  - Have the employee examined and tested by a medical professional.
- If an employee tests positive:
  - Quarantine the employee in a housing facility that has been established for this purpose.
  - Assure adequate medical care and treatment for the employee.
  - Coordinate with local officials to conduct "contact tracing", especially among other employees.
  - Have other employees who have been in close contact with the positive employee tested.
  - As deemed necessary by medical and public health professionals, quarantine those employees who have been in close contact with the employee who tests positive.

#### Staff/Volunteer Modifications

- In order to reduce the risk of communicable disease at camp this season, restrictions on staff are to be implemented, including but not limited to:
  - Unit leaders will stay with their units to help eliminate the risk of spread
  - Sleeping arrangements will be spread out as much as possible, with the windows open (where possible)

As deemed necessary by medical and public health professionals, quarantine those employees who have been in close contact with any employee who tests positive

# Screening Campers

#### **Prior to Arrival**

• Prior to the arrival/check-in of a scheduled session, all participants and families

will receive an automatic email that provides a preview of the applicable Addendum to the Participant Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement that all participants will be required to sign prior to attending camp. This will contain some important explanations of inherent risks related to COVID-19 and will also include the following affirmation from each participant.

 Campers will be required to bring the COVID Attendee Pre-Screening Questionnaire.

I affirm that, within the last 14 days, I have not:

- 1. Had a new fever of 100.4 or higher, or a sense of having a fever.
- 2. Developed a new cough, congestion or runny nose that cannot be attributed to anotherhealth condition.
- 3. Developed shortness of breath that cannot be attributed to another health condition.
- 4. Developed a new sore throat that cannot be attributed to another health condition.
- 5. Experienced muscle aches that cannot be attributed to another health condition, orthat may not have been caused by a specific activity such as physical exercise.
- 6. Developed nausea, vomiting, or diarrhea.
- 7. New onset of severe headache, especially with a fever
- 8. Traveled within an area identified as a COVID-19"hot-spot."
- 9. Been in contact with an individual who has been ill with respiratory complaints or fever, or who I know has tested positive for COVID-19.
- 10. Been diagnosed with COVID-19.

If, within the last 30 days, I have tested positive for COVID-19, I agree to disclose to the organization the date on which I was notified that I was no longer contagious with COVID-19. Documentation may be requested.

If, within the last 30 days, I have tested positive for COVID-19 antibodies, I agree to disclose that fact to the organization. Documentation may be requested.

Immediately prior to participating in a camp program, I consent to have my temperature taken by a staff member of Girl Scouts Western Pennsylvania

#### **Upon Arrival/Check-In**

- All campers will be required to complete the "Screening Questionnaire" and Addendum with our staff prior to exiting their vehicle.
- If a camper/family is unable to complete the questionnaire to the required standard, due to concerns over their own health or the risks as described, we will not allow them to remain at camp and instead will provide options for a credit for a future camp at a later date or a refund.
- If a camper or family refuses to complete the questionnaire, they will not be allowed to remain at camp. No refunds will be provided for families who refuse the questionnaire.
- Once each participant has completed the intake questionnaire, each participant's temperature will be taken with a touchless infrared thermometer.

• If temperature is 100.4, or higher, we will not allow them to remain at camp and instead, will provide options for a credit for a future camp at a later date or a refund.

#### **Camper Information:**

- If a camper comes to camp with ANY sort of illness, COVID related or not, they will not be permitted to remain at camp. (See above for refund options)
- Parents will only be allowed to exit their vehicle at drop off/pick up to release/fasten the buckles on a young child's safety seat and to escort the camper through our modified check-inprocedure. We are adopting a "One guardian/one camper" rule during check-in.
- Restrooms will be available for check-in/checkout, however only one designated bathroom will be used for families and will be sanitized between pod check-ins.
- Each camper will be required **to bring 5 cloth masks** on check-in day. Masks should be marked with the name of the wearer.
  - Lanyards are recommended help keep track of your girl's masks.
  - A bag for clean and dirty masks should be provided.
  - \*Girls will not have access to washing machines to clean masks, and staff will not wah your mask for your girl.

#### Screening while at Camp

Daily review of symptom questionnaire

# What If Someone Experiences COVID-19 Symptoms During Camp?

# Patient care and management for campers or staff with symptoms suspicious of Covid-19

- Person will immediately be physically distanced from others and continue this until evacuated from camp or cleared by medical personnel to return to activities.
- 2. One liaison will be identified to interface with this person to provide care.
- 3. Follow medical protocols and provide appropriate medical treatment.
- 4. Begin monitoring temperature and vital signs. Document and track. Provide updates to medical control, evacuating/governing agency for each area, and regional manager coordinating care and subsequent transportation, medical, and logistical support.
- 5. Keep hydrated (as determined by medical staff)
- 6. Quarantine
  - a. Isolation room
- 7. \*Testing is recommended at earliest opportunity. While the test is being processed, Maintain HIPAA protection and confidentiality by using generic terms to describe a "camper", or "participant", who has a confirmed (negative or positive) test.

Health management for campers with suspected Covid-19

- 1. Physically distance campers and staff with the person who displayed positive symptoms. Placethe person in a separate isolation room.
- 2. Require face coverings for those exposed to this person. Monitor temperatures of campers.
- Camp Director will communicate with medical care providers to prepare for protected transport of the individual with suspected Covid-19 by the parent or guardian.
- 4. Families of other campers in the cabin will be notified in accordance with public healthguidelines, these campers will require their parents to take them home for quarantine.
- 5. If ANY illness is present, a camper may not return to camp for the remainder of the session.
- 6. As we all know, any time we are in the public domain, it is impossible to avoid potential exposure to a host of infectious germs, viruses and diseases. Potential exposure does not necessarily mean someone is infectious to others unless the proximity and duration guidelines from the CDC are met or exceeded. The Camp Director will refer to those current standards and provide all campers and staff with current guidance on how to best use appropriate precautions and self-monitor. Similar to traveling through an airport, grocery store, or other public space, always use good hygiene and practices.

#### Management of staff who have been in a cabin with suspected Covid-19 case

- 1. Staff will continue constant hand sanitizing and hygiene.
- 2. Initiate twice daily monitoring of temperature. Hand and surface washing combined with distancing and face coverings are critical to containment.
- 3. The Camp Director will collect information regarding potential exposure, including length of time, proximity, and any physical contact.
- 4. If it is determined that an employee is potentially infected, testing is warranted and removal from camp will occur.

#### **GUIDELINES FOR CABINS/ACTIVITY GROUPS**

#### Activity Group Updates – "Pods"

- The cabin and activity groups will consist of the same staff and campers. They are referred to as intact.
  - "Pods".
- For the 2021 season, camp will look a little different. The group will livetogether in the same cabin, travel together as a group, and participate in activities as an intact group.
- Masks will not be required for each group when they are appropriately distanced from other pods.
- Masks will be required when indoors, in a close quarters situation where 6 feet distance is not able to be maintained between pods, and when travelling between activities when contact with others is possible.
- Spacing of campers according to current guidelines: food lines, eating meals, hiking, camping, and atorientations and program areas.
- · Campers will sanitize their hands before and after each activity

#### Cabin Updates \*Where possible

- Increased cabin ventilation and circulation through the addition of more cabin fans and open windows.
- Campers will sanitize their hands before when entering andleaving the cabin.
- We lowered the capacity of campers in the cabins to the maximum size of our activity groups.
- Bunks are positioned in a way to allow for 6 feet of separation from head to toe of each camper. (Where possible)
- Only campers and staff will be allowed in assigned cabins. Parents, families, and other outside people will not be permitted into cabins to limit exposure of people onsite.

# Social/Physical Distancing Precautions/Procedures/Provisions

- Each camper is the only individual allowed on her bed, and only campers/staff staying in that cabin are allowed in that cabin. (\*Camp Rangers or Camp Director are included in this group)
- Appropriate social/physical distancing between groups will be observed during all camp activities.
- Campers within the same group and their counselor are not required to maintain full social distance from each other. We will certainly encourage that they maintain the most possible distance at any given time depending on the activity.
- When outside, including eating, a minimum of 6 feet of space will be maintained between each group and other nearby groups. Other program staff will generally maintain a 6 feet distance from all otherstaff and campers. Brief close contact is not considered to be high risk by the Department of Public Health and may occasionally occur as needed for safety. An example would be a member of the ropes course staff checking a harness.
- Dining:
  - Campers will eat with their pods at designated eating areas around their units.
     This could include pavilions or inside buildings in inclement weather.
- Restrooms:
  - Each pod will be assigned a restroom that they will use for the entirety of camp. Areas such as pool houses where restrooms must be shared with other pods will be sanitized after each pod is finished.
- Campers unable to adhere to safe distancing and hygiene practices will not be allowed to remain at camp.

#### Daily Cabin Procedures

- Campers will sanitize their hands before entering and leaving the cabin.
- Campers will go immediately to wash their hands in the bathroom before interacting with their bunks or personal belongings
- Camper and staff temperatures will be checked at the beginning of each day and logged. Leadership staff will check logs twice daily as well. Any temperature over 100.4 will be reported to the nurse immediately and the camper will be removed from the cabin. Any temperatures near but not over 100.4 will continue to be monitored closely.

#### **SANITATION, DISINFECTION & CLEANLINESS**

#### Check-In

- Table setup in the pavilion with hand sanitizer
- We will limit how many people are in the building at one time
- We will have a one-way flow of traffic
- Outside check-in and screening will occur at each vehicle prior to getting out

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- Staff are required to wear masks and gloves during check-in
- Signage will be displayed as you enter, asking that if you have any COVID symptoms, please do not leave yourvehicle.
- Restrooms will be available for check-in/checkout, however only one designated bathroom will be used for families and will be sanitized between pods check-ins.

#### Check-Out

- Family picking up their camper will wait in their vehicle
- The camper will be escorted to the vehicle for their departure

\*If your child tests positive for COVID-19 please let staff know what week and camp you attended.

#### **Restroom Facilities**

- 1. All surfaces disinfected upon set-up.
- 2. Users wash their hands before and after using the facilities.

#### Hand Washing

- 1. The soap and water hand wash system will be set-up at key points around camp. They will remain set-up for the duration of camp.
- 2. In addition, hand sanitizer will be used as a supplementary step.
- 3. Hand washing will occur:
  - a. Before and after every new activity
  - b. Before and after eating
  - c. After coughing or sneezing
  - d. Before and after using the restroom

#### Masks

 Staff will be required to wear masks unless they are outside and maintaining a six-foot distance from Campers and staff will be required to wear face coverings that cover the mouth and nose at all times, for both indoor and outdoor activities. There will be mask breaks throughout the day. Campers and staff will not wear a mask during sleeping, showering, eating, or swimming.

#### **Daily Cleaning**

1. High touch surfaces will be cleaned continuously throughout the day. This includes railings, doorknobs, bathrooms, etc. We will limit the use of shared equipment to the extent possible based on the activity. For example, markers will likely be necessary for art projects and will be sanitized after each use.

2. Restrooms, cabins, dining hall, and other areas of congregation will be scheduled to clean multiple timesper day, including before/after transition times and group activities.

# **Infirmary Changes**

- 1. Infirmary staff will wear masks while providing care.
- 2. A supply of PPE will be maintained in the event they are needed to care for a high-risk individual.

#### PROGRAM MODIFICATIONS

#### **Food Service**

- 1. Camp Kitchen staff will prepare meals for staff to take back to each pod.
- 2. Pods will eat in staggered shifts and spread out around the dining hall/pavilions to ensure distance between pods.
- 3. A single set of utensils and plates to be used for all participants for the duration of the meal.
- 4. Campers may not help prepare or serve food or congregate in the food preparation/serving area.
- 5. Use of gloves and face covering is mandatory while preparing food.
- 6. Change gloves between tasks (for example: staff pauses to fill the water and then returns to foodpreparation).
- 7. Wash hands frequently.
- 8. Clean shirts and aprons worn by Staff preparing and serving food.
- 9. Food preparation and service surfaces thoroughly sanitized prior to use, between tasks, and after tasks.
- 10. Food will be prepared offsite and brought into camp several times per week. This eliminated contamination and the number of people in the kitchen.

# Camp Equipment

- 1. All camp equipment (bows, paddles, slingshots, etc.) will be thoroughly wiped down before and after each use by an approved CDC sanitizer (> 60% Alcohol)
- 2. All PFDs (Lifejackets), helmets, hammocks disinfected in between every single use through an approved chemical and disinfectant process. \* Where possible
  - Items such as swim goggles will be brought by girls, and not available to loan out or share.
- 3. All sports equipment, including balls, will be utilized by one pod at a time, then disinfected prior to another pods utilizing the equipment.

# Large Group Activities

- 1. All activities that have occurred as a full camp in the past will be modified to meet the current physical distance guidelines and small intact groups.
  - a. This includes modifications to flag raising/lowers, all camp activities, campfires, etc.

# Rainy Days

- 1. Each group will have a specified area, either a pavilion or building, where they will be based if there is a lot of rain.
- 2. In light rain, activities will proceed as usual as we have done in previous years.
- 3. In the event of thunderstorms, older children will take shelter in our pavilion and younger children will take shelter in an assigned area.

# **Swimming**

1. Campers will be allowed to swim with their group.

#### Water bottles

- 1. Reusable water bottles are required for each child. Please clearly label your child's water bottle.
- **a.** Staff will work with the girls on how to clean their water bottles a few times throughout the week.

#### ARCHERY /TOMAHAWK THROWING/SLINGSHOTS

#### **Upon Arrival to Activity:**

Campers will all sanitize their hands upon arrival.

# Social Distancing Precautions/Procedures/Provisions During the Activity:

- a. Limit one group at the range at a time.
- **b.** Campers spread equally on benches in shade.
- **c.** Campers are instructed to only pick up their equipment on the range.
- d. Between usage counselor will wipe down equipment.

#### Cleaning/Sanitizing at the Conclusion of the Activity:

**a.** Following activity, counselors will wipe down all of the equipment prior to returning to closing.

#### Facility and Equipment Daily/Weekly Sanitation Procedures:

- **a.** Benches are wiped down at the end of each day and supply of rags and cleaner is assessed and toppedoff, if needed.
- **b.** Area and equipment sanitized by electrostatic cleaning solution weekly.

#### ALL CAMP ACTIVITIES

# **Social Distancing Precautions/Procedures/Provisions During the Activity:**

- a. Campers will move in pods and must stay together.
- **b.** Groups will maintain a social distance of at least 6 feet from other groups. Groups will observe if stations or activities are occupied and either wait at a safe distance or move on to another location.
- c. Activities will be spaced to prevent overlap. There will also be a waiting spot if timing is off.
- **d.** Items can be used in a single transaction and turned into a touchless container before being sanitized (e.g., coins go from a character to the group, and then from the group to a roaming character's bag ortreasure chest. Items are then cleaned before they are returned to the game.)
- e. If using transportation in vehicles, sanitize vehicles using standard procedures between trips.

#### Cleaning/Sanitizing at the Conclusion of the Activity:

- a. Shared costumes and equipment will be sanitized after the game ends.
- **b.** Staff will avoid sharing items when designing costumes (e.g., no shared paintbrushes for face paint, etc.)

#### Facility and Equipment Daily/Weekly Sanitation Procedures

- **a.** A large ground sweep will be conducted at the conclusion of the All Camp Activities.
- **b.** Staff will collect and sanitize each area, costumes and each piece of equipment used.
- c. All reusable equipment will be scheduled to have a deep cleaning before the next use.

#### **ARTS & CRAFTS**

#### **Practices:**

- 1. Entering Arts & Crafts
  - a. Campers use mounted hand sanitizer and/or hand washing station outside the lodge.
  - **b.** Campers are not allowed to grab supplies and equipment freely.
- 2. More like a classroom where campers raise their hands and ask for what they need from closets to minimize the number of things campers touch and potentially contaminate.
- **3.** Every time a camper is finished using a tool or art supply, staff must wipe it down with sanitizing wipes before storing it properly.
- **4.** Some camps will be doing the Art & Crafts within each pod by taking art supplies to designated areas for each pod.

#### **Arts & Crafts Directors:**

- **a.** Organize activities AHEAD OF TIME to be SINGLE CAMPER craft ready and prepped, ex: Gallon zip lock bag per camper with all materials in it for the given activity.
- **b.** Every time a camper is finished using a tool or art supply-staff must wipe it down with sanitizing wipes before storing it properly.
- **c.** Wear masks entire time campers are present, gloves when able.

#### **End of each Activity Period**

- a. Wiped down with wipes or bleach sprayed and wiped down.
  - 1. Chairs
  - 2. Tools/equipment used that period
  - 3. Table tops
  - 4. Door handles prop door open as much as possible during the day
  - **5.** Picnic Tables sprayed with bleach solution

#### End of each DAY/ Week

- **a.** Wipe down with Clorox wipes or bleach spray and wipe down, or spray with electrostatic solution.
  - 1. Chairs
  - 2. Tools/equipment
  - 3. Table tops
  - 4. Door handles
  - **5.** Floors mopped

#### **FISHING**

 Campers should be at least 6ft apart on dock and land- capacity dependent on number of poles, dock/landspace and staffing.

#### **Sanitation Equipment Available**

- **a.** Sanitizer bucket in fishing dock storage area:
  - 1. Bucket
  - 2. Disposable gloves
  - 3. Bottle of bleach solution
  - 4. Hand sanitizer
  - **5.** Sanitizing wipes

#### **Arrive at Fishing**

- **a.** Campers use hand sanitizer to disinfect their hands.
- **b.** Counselor either passes out wipes to each camper and camper wipes down their own fishing pole before use (Core Value- responsibility); OR counselor uses the Clorox spray bottle and wipes down each pole with Clorox towel.

#### **During Fishing**

- a. Campers are stationed 6 feet apart to fish (no masks or gloves needed).
- **b.** Staff wears mask when helping campers directly with pole, fish, bait, etc.
- c. Counselors review fishing activity guidelines.
  - 1. Campers should stay 6 feet apart as they fish (if so, no masks needed)
  - 2. If they need help, ask for counselor do not help each other with poles.
  - **3.** If they catch a fish and people want to see, the catcher will walk around with the fish to show everyone at their spot AKA, ask campers not to run together in a group.

#### Conclude/Depart Fishing

- **a.** Counselor either passes out Clorox wipes to each camper and camper wipes down their own fishing pole (Core Value- responsibility), OR counselor uses the Clorox spray bottle and wipes down each pole with Clorox towel as they store them away.
- b. Campers use hand sanitizer to clean own hands once done with activity.

#### End of each day of use

a. Clorox spray and wipe down all rods and dock area.

#### PADDLE SPORTS

#### **Upon Arrival to Activity:**

- **a.** Campers and staff will change clothes into swim gear. Those who aren't participating shall stay with the group or go as a group with a counselor to their designated non-swim activity.
- **b.** Swimmers, after they are changed, will get the proper sized personal floatation device (PFD) and proceed to the Splash Pad. Each camper and staff member will walk through the chlorinated water of the Splash Pad with their PFD until they and the lifejacket are very wet
- c. Once they are very wet, they can go to Paddle Sports (canoes, kayaks, standup paddle boards)

#### Social Distancing Precautions/Procedures/Provisions During the Activity:

- a. Once checked into their swim areas, campers must stay in their pod.
- **b.** Everyone will conduct a form of social distancing:
  - **1.** Each camper gets their own seat (no overloading boats)
  - **2.** After camper/counselor chooses their paddle, they cannot trade. They must go back to shore and use a disinfected paddle.
    - Paddles can be marked with color coded tape to designate each camper with the paddle they were using.
  - 3. Games and activities must include staying in their own boat (no switching)

### Cleaning/Sanitizing at the Conclusion of the Activity:

- **a.** Campers and staff will gather with cabin group or tribe and rinse off sand paying close attention to PFD, swimsuit, and feet.
- **b.** Under counselor supervision, the campers must rinse off body and PFD.
- **c.** Campers and staff will return the lifejacket to the boathouse and move to the changing rooms to put on non-swimming clothes.
- d. The cabin or tribe will leave by way of the trail back to main camp to rotate to their next activity.
- **e.** Everyone must wash hands and sanitize at earliest moment upon leaving the waterfront.

#### **Facility and Equipment Daily Sanitation Procedures:**

**a.** Campers and staff will gather with their pods and rinse off sand paying close attention to PFD, swimsuit, and feet.

#### CHALLENGE COURSE

Sanitizer bucket at each activity area:

- 1. Bucket
- 2. Disposable gloves
- 3. Bottle of bleach solution
- 4. Hand sanitizer
- **5.** Sanitizing wipes
- Each climber will sanitize their hands, put on climbing gloves and sanitize the outside of the gloves before touching the climbing element.

# **Facility and Equipment Daily Cleaning**

- a. Sanitizer bucket with materials
- **b.** Staff must sanitize hands after helping each camper.
- **c.** After completion of each group, staff must wipe down:
  - 1. Carabiners
  - 2. Helmet
  - 3. Harness
  - 4. Pull tether
  - 5. Ladder handrails
- **d.** At the end of the day: wipe down tether, ladder, carabiners, ropes, handholds, equipment, ladders.

#### **Rock Climbing**

- a. Staff wear masks while interacting closely with campers.
- b. Sanitizer bucket at harness area, bottom of tower
- c. Staff must sanitize hands after helping each camper.
- d. Campers sanitize hands before and after climb.
- e. After completion of each swing, staff must wipe down:
  - 1. Carabiners
  - 2. Helmet
  - 3. Harness
- f. While campers wait to climb, can play non-contact sport in field by tower- sit 6 feet apart on benches.
- g. At the end of the day
  - 1. Tower climbing walls & holds are sprayed with electrostatic cleaning sprayers.

#### **SPORTS**

#### **General Safety Precautions**

- **a.** Everyone washes hands before activity.
- **b.** Everyone sanitizes hands at activity area.
- **c.** No more than one cabin at an activity. If multiple activities in an area, groups must remain at least 6 feet apart (e.g., different sides of the pavilion with a "buffer area" in between).
- **d.** Games and activities should be as low contact or no contact as possible. No full body contact or games that involve things like holding hands, linking elbows, or crawling under others.
- **e.** All equipment handled by campers or staff (balls, racquets, etc.) will be sprayed and wiped down after each activity.
- **f.** Commonly touched surfaces (gaga pit ledges, gate latches or handle, etc.) will be wiped down after program sessions.
- g. Use sanitizer between games (hydration break + clean hands, at least every ten minutes)
- h. Everyone sanitizes hands as they leave.

#### Gaga Ball

- **a.** No more than one pods in the gaga ball pit, including staff.
- **b.** Limit body contact inside the pit
- **c.** Campers who are knocked out, watching the game, or waiting to play should give space and avoid contact with each other, as well as give space and avoid contact with the Gaga Ball pit.
- **d.** Take frequent breaks to hydrate and re-clean hands because of shared equipment.
- e. Spray and wipe down gaga balls after each session.

#### **Pavilion Games**

- **a.** No more than one cabin per side. If more than one group is in the area, they should give space in the middle.
- **b.** Limit body contact when playing games. No tag games.
- **c.** When lining up or waiting to play, give space and avoid contact.
- **d.** Take frequent breaks to hydrate and re-clean hands because of shared equipment.
- e. Spray and wipe down balls, frisbees, etc. after each session.

# Horse Program

Sanitizer bucket at each activity area: (Hard surfaces)

- Each rider will sanitize their hands before climbing on or working with the horses.
- Barn Staff will wear masks while working with each pods of girls.

#### Facility and Equipment Daily Cleaning

- Sanitizer bucket with materials
- Staff must sanitize hands after helping each camper.
- After completion of each group, staff must wipe down:
  - 1. Lead ropes
  - 2. Helmet
  - 3. Harness
  - **4.** Pull tether
  - 5. Ladder handrails

# Symptoms of Coronavirus (COVID-19)

# Know the symptoms of COVID-19, which can include the following:



Symptoms can range from mild to severe illness, and appear 2–14 days after you are exposed to the virus that causes COVID-19.

#### Seek medical care immediately if someone has Emergency Warning Signs of COVID-19

- Trouble breathing
- Persistent pain or pressure in the chest
- Inability to wake or stay awake

New confusion

-Bluish lips or face

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.



cdc.gov/coronavirus

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#### **DISCLAIMER**

Although protocols will be implemented, the activities at Girl Scouts Western Pennsylvania include a variety of traditional sports, games, activities, and events that may prove to be impossible to consistently implement any social distancing of 6 feetor more that may be recommended by any known government authorities. Camp is a place where campers, counselors, and staff are often in contact and near each other every day and every night.

Girl Scouts Western Pennsylvania will be taking more health precautions this summer. Precautions during camp include encouraging and enforcing more handwashing, more use of hand sanitizers, more wiping down of doorknobs and high use areas withantibacterial wipes, etc. Girl Scouts Western Pennsylvania plans to be in constant communication with its camp nurses and our local public health officials. It plans to send campers and staff home that have a high temperature. But even taking these and other extra precautions, campers will still be exposed to the risk of contracting Coronavirus or possibly some other airborne illnesses.

The activities and risks of Girl Scouts Western Pennsylvania are an integral part of the Girl Scouts Western Pennsylvania experience. If eliminated, campers would be deprived of the opportunity for the growth and development which Girl Scouts Western Pennsylvania and its campers and families expect.

Ultimately it is up to each individual family to decide as to whether Girl Scouts Western Pennsylvania is a viable option and/or amitigated risk that they are willing to move forward with.

This document serves as a brief **summary/overview** of the policies, procedures, and protocols that have been developed by the Girl Scouts Western Pennsylvania Foundation to help mitigate communicable disease and COVID-19.

The information presented is not intended to be an exhaustive list of the precautions that are implemented internally with regard to medical care, equipment, sanitation, PPE, testing, etc.

Additional COVID-19 protocols have been created by our council and are based on the latest recommendations and guidelines from medical professional, state, local, and federal government agencies. These protocols provide in-depth guidance for care of campers and staff while at camp, including testing capabilities. Information is also ever changing and state/local and council policies regarding the safety or running and operating camp. Please check the website for the latest information regarding camps and Outdoor programming in 2021. <a href="https://www.gswpa.org/">https://www.gswpa.org/</a>

Please contact our main office with any questions or concerns that you may have.

#### **Example of Camp Plans**

These plans help give details on check-in/check-out and other measures that will help run summer camp. The following gives and example of some of the planning measures. Please reference your confirmation packet for details.

#### Camp Conshatawba 2021 COVID-19 Planning

#### Goal

To provide an exceptional camp experience to each Girl Scout and participant through outdoor experiences while mitigating risk of COVID-19 and other communicable disease exposure.

#### Check-In/Out

Check-In/Check-Out will be staggered by age group. Below in an example of the Week One check-in times. Each unit has between 10-24 campers. Check-in is generally quick and efficient, and each session/unit will have 30 minutes for check-in. If a camper is early OR late to their check-in time, they will be "queued" in an overflow parking area until there is a designated break in which they could then check-in. The check-in times are the same each week for each age group and would be listed in the "Camp Confirmation Packet". Check-out would function in the exact same manner.



#### Entrance into Camp Conshatawba

A camp counselor is stationed at the front entrance with an index card that relays all necessary check-in information and protocol, including:

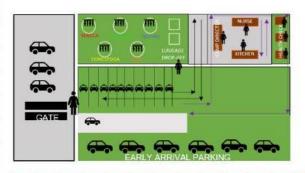
- Parking
- o Current CDC Guidelines for masks and social distancing
- Steps to check-in (see Camp Director, receive health check, drop off medication, luggage, etc.)
- Cars queue from front entrance to newly installed gate (shown on map above). An estimated 25 cars can queue in this line.
- A camp counselor is stationed at the gate and provides parking instructions

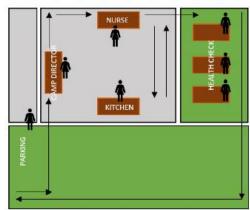




#### **Parking**

- A camp counselor stationed at the gate instructs cars to park in a specific numbered bay. There is a total of 10 bays.
- If all bays are full, cars continue to queue on the main road until a space is open
- If a camper arrives earlier than their designated check-in time, they are directed to "early arrival parking"
- All parties remain in their vehicle until further instruction is given by a designated counselor.





#### Check-In

- A camp counselor is stationed at the parking bay and instructs one car at a time to exit the vehicle and begin the check-in process.
- Rosie, Camp Director, is stationed at the Archery pavilion and confirms the campers name, emergency contact, and pick-up authorization and collects any needed forms or documentation.
   Rosie directs them to next steps and protocol for luggage/drop-off.
- The Camp Nurse and Kitchen Manager are stationed at the pavilion and available for medication check-in, allergy confirmation, and any other additional needs.
- A health check bay is stationed in the archery range and two camp counselors perform health checks with parent supervision, including:
  - Lice Check
  - o Tonsil Check
  - o Hand, Foot, Mouth Check
  - o General Well-Being
  - Temperature

#### Luggage/Drop-Off

- After completing check-in with Rosie and a successful health check, camper(s) and parent(s)/guardian(s) return to vehicle to collect luggage
- Luggage is dropped off in designated trailer
- Camper(s) and parent(s)/guardian(s) locate designated circle (spray painted on field with colored signs to match unit color) for their unit and meet the Unit Leader in dropoff zone (see picture)
- Parent(s)/guardian(s) say farewell to camper in the dropoff zone and camper(s) join unit-mates and counselors in the designated unit circle to play games (and more!)

# SENELA LUGGAGE DROP-OH

#### Rain Contingency

- Entrance and parking procedure remain
- Rosie, Nurse, and Kitchen remain
- Luggage Carts remain and have tarp coverings tied over the too
- Health Checks move to under the archery pavilion (social distancing is still achievable)
- Camper(s) and parent(s)/guardian(s) will drop off in the large "Storage Building"
- Campers travel to their units once more than 80% of the Unit is checked-in and present
  - o Camp vehicle utilized for transport if needed

#### **Check-Out Procedure**

- Check-Out will function identical to check-in minus the need for the Kitchen Manager to be present.
- Check-Out times will be staggered and will match the check-in times.
- A sack lunch will be prepared on Friday morning by the Kitchen Staff and campers will eat picnic style withing their pod while they participate in a treasured tradition, Scout's Own.

#### Unit "Pod" Structure

Similar to normal camp operations, each unit will live and operate in a "pod" structure and no interaction will happen between units or "pods". Changes from a typical camp year include meal and eating arrangements, assigned indoor/rainy day spaces, assigned shower times due to shared showers between units, and changing activities that are generally done in an all-camp capacity (campfire, game nights, etc.) to occur within the living units. Additional needs for the function of this structure are noted below.

#### **Meal and Eating Arrangements**

Each unit will have its own designated meal space. In the event of rain, an indoor meal space will be used and is indicated below. These are flexible arrangements and may change prior to the start of the 2021 camp season.

Unit	Outdoor Meal Space	Indoor Meal Space
Conestoga	Conestoga Pavilion	Merry-Go-Round
Primitive Camping	Merry-Go-Round Pavilion	Activity Building
Shawnee	Shawnee Pavilion	Boeing Basement
Boeing Lodge	Boeing Pavilion	Boeing Lodge
Seneca	Memory Lodge Enclosed Patio	Memory Lodge

Meals will be prepared by the Kitchen Manager and additional cook(s) in the Memory Lodge commercial kitchen. A member of the Kitchen Staff or Administrative Staff will deliver the meals to the units. Mealtimes will be staggered to account for delivery time. Below is an example schedule of a week of camp meals. Water coolers are also delivered to units during this time.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	***************************************	E	Breakfast		******************	- Control Cont
Conestoga & Prim	1	7:30 A.M.	7:30 A.M.	7:30 A.M.	7:30 A.M.	Cold
Shawnee		7:45 A.M.	7:45 A.M.	7:45 A.M.	7:45 A.M.	Breakfast
Boeing		8:00 A.M.	8:00 A.M.	8:00 A.M.	8:00 A.M.	(assembled
Seneca Tents & Lodge		8:15 A.M.	8:15 A.M.	8:15 A.M.	8:15 A.M.	on Thursday)
			Lunch		1.0	5%
Conestoga & Prim		12:15 P.M.	12:15 P.M.	12:15 P.M.	12:15 P.M.	
Shawnee	Staff Lunch:	12:30 P.M.	12:30 P.M.	12:30 P.M.	12:30 P.M.	Carle Laurah
Boeing	12:00 P.M.	12:45 P.M.	12:45 P.M.	12:45 P.M.	12:45 P.M.	Sack Lunch
Seneca Tents & Lodge	255-266-2566-2566-	1:00 P.M.	1:00 P.M.	1:00 P.M.	1:00 P.M.	
30.00	156	7	Snack		50	135
Conestoga & Prim Shawnee Boeing Seneca Tents & Lodge		3:00 P.M.	3:00 P.M.	3:00 P.M.	3:00 P.M.	
	V.	00	Dinner		NV.	20
Conestoga & Prim	5:45 P.M.	5:45 P.M.		5:45 P.M.	5:45 P.M.	
Shawnee	6:00 P.M.	6:00 P.M.	Cook-Out	6:00 P.M.	6:00 P.M.	
Boeing	6:15 P.M.	6:15 P.M.	COOK-OUL	6:15 P.M.	6:15 P.M.	
Seneca Tents & Lodge	6:30 P.M.	6:30 P.M.		6:30 P.M.	6:30 P.M.	

**Notes:** Daily snacks will be delivered during activity block three to the program areas by a member of the Administrative Team. On Tuesday evening, a "cookout" will occur. Cookout request forms are due to the kitchen by Sunday at dinner. Kitchen staff will measure, cut, and cook any needed ingredients and a unit counselor will pick up their units cooler from the kitchen. This provides kitchen staff a night off and is a fun activity for campers.

Additional Needs: Golf-Cart for Kitchen/Admin Staff use to deliver meals to each unit, food storage containers (similar to buffet holders) to keep food warm and secure, ...

#### Assigned Indoor Activity Areas/Rainy-Day Space

Each unit or "pod" will have assigned indoor spaces for additional activities or to take a break from being outside. These will also function as rainy-day spaces when the weather is unfavorable. Each space will be clearly marked on each entrance/exit door with the units corresponding color (i.e. the Activity Building will have yellow signs marked "Conestoga"). Designated spaces may be reconfigured from week-to-week depending on session needs (a session that is heavy on cooking will need a space to accommodate) but will remain in place for the entirety of the session. An example of indoor/rainy-day space for Week One:

Unit	Indoor Space		
Conestoga	Activity Building (Side One)		
Primitive Camp	Activity Building (Side Two)		
Shawnee	Boeing Basement		
Boeing	Boeing Lodge		
Seneca	Memory Lodge		

#### Daily Schedules, Program Areas, and Traditional Camp Activities

In order to minimize COVID-19 risk, Units will remain in their pod for the entirety of the week, including during program times in the multiple program areas at Camp Conshatawba. In order to function in this capacity, at least one staff member in each pod/unit will be trained for each of the different program areas (i.e. in the Conestoga unit, Unit Leader Rosie is trained to lead Climbing Tower and Archery, Unit Counselor Zelda is trained to lead Low Ropes and Tomahawks, Unit Counselor Capi is trained to lead Nature and Arts & Crafts and is a Lifeguard, and Unit Counselor Summer is trained to lead Riflery and is a Lifeguard). This structure increases the number of needed staff in each unit by at least one to effectively manage daily and program schedules, schedule time-off, and other circumstances.

Below is an example schedule for the Week One session, My Bestie and Me.

Wee	Week: One Age(s): Brownie> Ambass.		Sessi	Session: My Bestie and Me			
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
7:00-7:30		Wake Up	Wake Up	Wake Up	Wake Up	Wake Up	
7:30-7:45		Hopping	Hopping	Hopping	Hopping	Hopping	
7:45-8:00		Flag	Flag	Flag	Flag	Flag	
8:00-9:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
9:00-9:30		Cleaning/Song Tree	Cleaning/Song Tree	Cleaning/Song Tree	Cleaning/Song Tree	Cleaning/Song Tree	
9:30-10:45	Staff Move-In to	Low Ropes	Archery	B: Arts & Crafts J +: Canopy Course	Free Choice	Unit Time/Packing	
10:55-12:15	Units	Trading Post	Arts & Crafts	STEM	Creek Walk	Cleaning (Approved by Ad Slaff)	
12:30	Hopping	Hopping	Hopping	Hopping	Hopping	Hopping	
12:45-1:30	Staff Lunch	Lunch	Lunch	Lunch	Lunch	Lunch and Scout's Own	
1:30-3:00	Staff Meeting/Get	Me-Time	Me-Time		Me-Time	Final Wrap-Up	
E30-3:00	Ready for	Me-rime -	Camper Choice	Me-Time	Camper Choice	20084	
2:30-3:45	N. 1840.	Swim	Climbing Tower	Swim	Trading Post	2:00 P.M. Parents Arrive	
	Check-In	3		- 3		Staff Meeting	
4:00-5:15		Showers	Water Sports	Showers	B/J: STEM C+ : Tomahawks		
5:45	Hopping	Hopping	Showers	Hopping	Hopping		
6:00	Flag	Flag	allowers	Flag	Flag		
6:00-7:00	Dinner	Dinner	and the same	Dinner	Dinner		
7:00	Opening Campfire	ALL CAMP	Cookeut	Night Activity	Closing Campfire		
10:00	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out		

Program area schedules will be managed by the Program Director and the Administrative Team in conjunction with the Unit Leaders. Each program area will have a one on/one off schedule in order to account for cleaning procedures between groups (otherwise known as units/pods). Below is an example of the Archery Range schedule for Week One.

		Archery		
	Monday	Tuesday	Wednesday	Thursday
Block One	Cadette Explorer	My Bestie and Me	Suns Out, Funs Out	
Block Two	CLEAN	CLEAN	CLEAN	
Block Three	CIT I	Junior Camper	Cadette Explorer	
Block Four	CLEAN	CLEAN	CLEAN	

Traditional camp activities (opening and closing campfires, all-camp, meals, etc.) will be done in individual units/pods due to space constraints and minimizing COVID exposure from unit to unit. Campfires will take place in each individual unit at Camp Conshatawba and S'more supplies will be readily available for unit staff. All-camp activities will be transformed into individual unit activates voted on by the campers and may include things like flashlight tag, a talent show, a competition game, arts & crafts, etc.

#### Cleaning Protocols and Needed Supplies

Cleaning and sanitation will take place on a consistent basis each day. An exact cleaning schedule will be developed and made readily available to each camp staff member and posted in each unit. It is standard for an Administrative Team member to inspect both the living units and program areas at the end of the week for cleanliness. Contrary to some belief, camp is generally a clean space and is cared for by the community of staff and campers. Trash is rarely seen, hands are always washed before and after meals and activities, and daily showers occur. For the 2021 season, these common cleaning habits will be discussed more frequently and reminders will be posted throughout camp.

Additional needs: portable handwashing stations at each program area, hand sanitizer in each unit and program area, cleaning solution for program equipment.