Exploring Our Heritage

Welcome to Girl Scouts!
You and your Daisy are now part of an organization that has been around for a long time – more than 100 years!

Work your way through these steps and learn all about how Girl Scouts got started. Pick one activity in each step – or do them all – to earn an Exploring Heritage patch.

Steps:
1. Get to know Juliette
2. Make someone else smile
3. Do something the first troop did together

Purpose: When your Girl Scout earns this patch, she’ll know all about Juliette Gordon Low and some of the things the first Girl Scout troop did to learn, have fun and help others.

STEP 1 Get to Know Juliette

☐ Activity: Read a Story about Juliette Gordon Low.

Read this story to your Daisy Scout. Every time you say “Daisy” – your Daisy should say “I’m a Daisy, too!”

“Listen closely while I tell you the story of Juliette Gordon Low, who started the Girl Scouts. Every time I say Mrs. Low’s nickname, Daisy, YOU have to say “I’m a daisy, too!”

Let’s practice. (Say “Daisy” and let your girl reply.)

STORY:
Once there was a girl named Juliette Low who lived in Savannah, Georgia. Her nickname was Daisy ... the same name you’re called in Girl Scouts. Daisy was born on October 31, 1860. (That’s Halloween!)

As a young girl, Daisy liked to use her imagination to make up her own games. She loved swimming, playing outdoors, making paper dolls and acting in plays. Daisy would even write her own plays and star in them herself!

Daisy had great adventures with her brothers, sisters and cousins. One time, Daisy was learning to make taffy at her cousin’s house, when her cousin saw the taffy was the same color as Daisy’s hair. He asked to braid it into her hair! Daisy was always willing to try something new, so she agreed. Can you guess what happened? You got it, the taffy became very hard and sticky almost like chewing gum and Daisy’s mother had to chop all of her beautiful long hair off to get rid of the sticky mess.
Daisy also loved animals. One time she was so worried about a cow getting cold that she took her mother’s bedspread to the stable and pinned it on top of the cow.

Daisy was an artist and spent lots of time drawing, painting and pottery.

When Daisy grew up and got married, she moved to England, where she met Lord Baden-Powell, who started the Boy Scouts and Girl Guides. Lord Baden-Powell told Daisy about the Girl Guides, so she decided to become a leader. Daisy liked Girl Guiding so much she wanted to share it with her friends and family in Savannah. So Daisy said good-bye to the Girl Guides in England and took the ideas that Lord Baden-Powell gave her home to Georgia. That’s where Daisy formed two groups of girls who loved animals, art, the outdoors and helping others. These first two Girl Scout troops did all sorts of things. They went on hikes, formed basketball teams and learned how to camp. Girl Scouting became a hit all over the United States and around the world, too! These American girls called themselves Girl Scouts instead of Girl Guides, but they were still part of the same worldwide family.

Daisy kept working hard every day to tell everyone she met about Girl Scouting. Now today, more than 100 years later, there are almost two million Girl Scouts in more than 92 countries all over the world. Aren’t you glad that Daisy started Girl Scouts so you could be a Daisy, too?

**Story discussion questions:**
1. What part of the story did you like best?
2. How do you think you are like Daisy? How are you different?
3. What types of things do you want to do in Girl Scouts?

☐ **Activity: Juliette Gordon Low coloring page**
   Have your Girl Scout color the pictures on page four to learn about Juliette Low!

**Materials:**
- Crayons

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**STEP 2 Make Someone Else Smile**

Juliette Gordon Low, or “Daisy,” loved sending cards to others to tell them about her travels, wish them a Happy Birthday or just to let them know she was thinking about them. Follow in the footsteps of Daisy and have your Daisy make a special card or two and share them with others. Perhaps your Daisy can tell them things she hopes to do in Girl Scouts, or tell them a funny story to make them laugh.

☐ **Activity: Make a card to share with someone special.**

**Materials:**
- Construction paper
- Markers, crayons, pencils
- Glue
- Other art materials

**Follow up Discussion and Activities:**
How did you feel when you gave your card to someone?
Be like Daisy and try something new. Try painting or drawing, or maybe even sculpting with clay.
The first Girl Scout troops did lots of the things you’ll do as a Daisy Scout. They played basketball. They went hiking and swimming. They sang songs and camped out. They learned lots of new things about the world around them. They shared a sense of curiosity and a belief that they could do anything. But most importantly, just like Girl Scouts across the country and around the globe today, they offered a helping hand to those in need and worked together to improve their community.

Activity: Learn a Girl Scout Daisy Song

Lyrics:
I’m a Girl Scout Daisy! Take A look at me.
I’m a Girl Scout Daisy, happy as can be.
We’re having fun and sharing each and every day.
I’m a Girl Scout Daisy, Hip, Hip, Hooray!
I’m a Girl Scout Daisy! Take a look at me.
I’m a Girl Scout Daisy, happy as can be.
I’m going on a journey, with friends along the way.
I’m a Girl Scout Daisy, Hip, Hip, Hooray!

Materials: Learn this fun song at https://youtu.be/QbJeZSTvdm8

Activity: Do something to help someone else in your community.

Girl Scouts, starting with Juliette’s first troops, always offer a helping hand to others. With your Daisy Girl Scout, talk about how you can help someone else or your entire community. Here are just a few ideas that a Daisy can do (but she may have plenty of her own ideas):

• Make cards for someone in the hospital or nursing home.
• Pick up litter in the local park.
• Give pencils to teachers.
• Plant flowers in a community space, or at the home of an elderly neighbor.
• Ask family and friends for canned food to take to a local food bank.

Parents: After completing one or more activities from each step, email Girl Scouts Western Pennsylvania at customercare@gswpa.org or call 800-248-3355 and let us know your Daisy completed the requirements for the Exploring Our Heritage fun patch. We will mail the patch to you, and then your Daisy can wear it on the back of her vest or tunic.
Juliette Gordon Low Activity

Color the pictures below to learn about Juliette Gordon Low!

Juliette Low’s nickname was Daisy.

Juliette Low loved animals and had a horse named Fire.

Juliette sold her pearls to fund the Girl Scout movement.

Juliette Low’s Girl Scouts did non-traditional activities like camping.

Juliette Low was born on Halloween October 31, 1860.

Juliette Low was deaf and did not exclude disabled girls from Girl Scouting. This means “I love you” in sign language.

Juliette Low taught her Girl Scouts how to cook over a campfire.

Juliette Low played basketball with her troop.

Juliette Low taught her troop basic first aid.