



Picnic Fun

Want to host your very own picnic?

Heading out to a restaurant has become a common practice for mealtimes. But, imagine enjoying a meal surrounded by the beauty of nature! In earning this patch, you will learn how to prepare the perfect picnic and set out to host your very own! Take a break from eating indoors while you discover new recipes, pack up your supplies, and invite your friends and family on an outdoor dining adventure!

How to earn your Picnic patch the Girl Scout way:

Steps:

1. **Discover**—Research and plan your picnic.
2. **Connect**—Use what you've learned to have your very own picnic.
3. **Take Action**—Create a guide so others can enjoy picnicking, too.

Materials:

In order to complete this patch, you'll need a few things:

- You'll need a computer and/or books for research. You can either go online with an adult or visit your public library.
- Discover the additional materials you need during your research in Step 1.

STEP

1

Research and make a plan.

Here are some things to consider during your research:

- What are some good recipes for picnicking? Consider foods that are easy to travel with and can be prepared ahead of time.
- Some foods need to be kept at a certain temperature. How will you keep your food at the proper temperature? Why is food temperature so important?
- What supplies do you need besides food? Make a list for packing. Make sure to practice *Leave No Trace* principles by bringing reusable containers and utensils.
- Think about safety in the outdoors. Don't forget to pack safety supplies like sunscreen and plenty of water. What else should you bring to stay safe?
- Where should you go? Research places in your area to have a picnic—perhaps somewhere with a nice view! Make sure to check the weather at your destination before setting out

STEP

2

Hold your own picnic.

- Prepare your food and drink. Remember, you won't have access to a kitchen, so make sure you do all the cutting, cooking, and assembling ahead of time.
- Pack your food, drink, and supplies in a picnic basket or cooler. Be sure to store food at a safe temperature.
- Grab your guests and head over to your chosen picnic destination! Always leave your destination the same or better than you found it.

STEP

3

Create a perfect picnic guide.

- After your picnic, consider what went well and what could have gone better. Was there something you wished you had that you didn't bring?
- Create a guide for the perfect picnic. Include recipes, a list of supplies, and some recommended destinations.
- Younger girls can create a paper guide and draw pictures. Older girls can create a digital guide, blog post, or social media post.
- Share your guide with others so they can have a fun picnic, too!

All done?

CONGRATULATIONS! You've completed all the necessary steps to earn the Picnic patch.



After completing the activities from each step, visit or call a Girl Scouts Western Pennsylvania retail shop at **800-248-3355** to purchase your patch.* A patch may be worn on the back of a vest, sash, or tunic.

**Patch shown may be substituted with similar patch, based on availability.*