



Girl Scouting for the Cure

Cancer shows no prejudice, and it impacts all of us. Many people know more than one person who has battled the disease. This includes Girl Scout founder Juliette Gordon Low, who died in her fight against breast cancer. This patch promotes cancer awareness and a healthy lifestyle.

How to earn the Girl Scouting for the Cure fun patch the Girl Scout Way:

Steps:

1. **Discover** — Find local organizations that promote cancer awareness or healthy living.
2. **Connect** — Do you know a cancer survivor? Ask them to share their story.
3. **Take Action** — Attend a cancer awareness event or complete a service project for local cancer patients.

Materials Needed:

In order to complete this patch, you'll need a few things:

1. Resources: Go online (with the help of an adult) or talk to a health care professional.
2. Supplies: Needs will be based on the service project you choose. Check Step 3 for ideas.

STEP

1 Discover cancer awareness and healthy living organizations.

By using the internet (with an adult) or asking a health care professional, research local cancer awareness or healthy living organizations. Choose an organization to learn more about. Here are some questions to get you started:

- Does the organization offer educational materials?
- Are there events that the organization hosts or attends?
- Is there a website for the organization?
- Is there an opportunity for you to help the organization?

Did you learn something new? Share your knowledge with others.

STEP

2 Connect with cancer survivors.

Cancer impacts most families. Take the time to hear someone's story. Is anyone in your family a cancer survivor? Ask them to share their story. Or, you can interview members of your family or friends about how cancer has affected them. Do they know someone with cancer? Have they lost someone to cancer?

STEP

3

Participate in a cancer awareness event or service project for cancer patients.

Attend Girl Scouts Western Pennsylvania's Girl Scouting for the Cure event. Or, you can participate in Relay for Life, Race for the Cure, or any of the many other cancer awareness events.

Complete a service project for local cancer patients. Here are some ideas to get you started, but you can also find more ideas online with the help of an adult.

- **Chemo Care Bags:** Make care bags for patients going through chemo. Include things like tissues, lip balm, hand sanitizer, and a note of encouragement.
- **New Patient Binders:** New cancer patients are given a lot of paperwork. Decorate a binder, so they have something to keep their paperwork in. Include an encouraging note.
- **Lap blanket:** Make a small lap blanket for chemo patients.

All done?

Congratulations! You've completed all the necessary steps to earn the "Girl Scouting for a Cure" patch.



After completing the activities from each step, visit or call a Girl Scouts Western Pennsylvania retail shop at **800-248-3355** to purchase your patch. A patch may be worn on the back of a vest, sash or tunic.