

Girl and Adult Health History Procedure

The *Girl Health History* and *Adult Health History* forms are a current record of an individual's past and present health status that is completed and signed by an individual adult or the parent or guardian of a minor. The required signature serves as evidence that the individual adult or guardian has supplied complete and accurate health information related to the minor's participation in specific activities.

The *Girl Health History* also contains the consent to administer medication, both prescribed and over-the-counter.

1. At the beginning of the new membership year (or anytime a new member joins a troop or group) all troop/group members must submit completed *Girl Health History* or *Adult Health History* to their troop or group leader.
2. The *Girl Health History* and *Adult Health History* **are to be updated yearly**. As a best practice, a new form should be completed every year.
3. Troop/group leaders will maintain health histories for the entire Girl Scout year, and are required to have a copy on their person at all times – whether at their normal meeting site or when on a troop trip, participating in any troop activities, day camps, for all GSWPA council-sponsored events, etc. **Health history forms need to be in the car with the girls when volunteers are driving in more than one vehicle.**
4. For council-sponsored events, a confirmation (email or regular mail) will be sent to the registrant. At the request of the event manager, this confirmation can include a *Girl Health History* and/or *Adult Health History*.
5. Blank copies will be available at council-sponsored events and trainings for those attending who do not have a *Girl Health History* or *Adult Health History* on file with a troop, i.e., individually registered Girl Scouts, or participants who have signed up for an event and either are not members or are new members.
6. GSWPA respects the privacy of an individual's health information. Troop/group leaders and event managers are asked to secure forms as necessary to ensure privacy.