

Program Title	Fashion Designer
Description	Hey Fashionista! It is time to walk the runway as you express yourself through fashion! Try new styles, jazz up outfits, and show off styles that make you feel and look great. Use this kit as you work on an It's Your Story Tell It Journey, as part of the Eating for Beauty Badge or Make Your Own Badge.
Grade Level	4 to 12
Allotted Time	2 Sessions, 2 ½-3 hours each
Equipment/Supplies	<p><u>Kit Includes:</u>  Magazines  Colored paper  Scissors  Fabrics swatches  Fashion Magazine Scavenger Hunt  Fashion plates  Fashion Lingo Guides  Crayons  mirrors</p> <p><u>Shopping List:</u>  Healthy Snacks and drinks  Plastic Bags  Duct Tape  Rolls of paper/wrapping paper  Props and fashion accessories  Extra fashion magazines (girls can bring these as well)</p> <p><b>Optional: Girls can bring up to two outfits to the event. Casual (what they'll wear to the meeting), Sports-wear (fan or work out), and Formal. Encourage them to experiment and get funky! Expressing yourself is always in style. Also, bring an old t-shirt or sweater that you can repurpose as a bag!</b></p> <p>Note: This kit is customizable. If you want to make this a single session event, select the activities that you want to complete and do those. This kit is meant to be a fun introduction to the elements of Fashion and how it helps a girl to express herself and make a really great first impression.</p>

Allotted Time	Topic	Instructions	Supplies
<b>Session 1</b>		Session 1 is all about letting the girls use their own fashion sense to experiment with how they can use fashion to express themselves! Girls can bring fashion from home or talk to a local retailer about using their store/fashions/changing rooms so that girls can build outfits in different categories.	
10 minutes	Registration and Activity	While girls are coming in, girls can try the fashion scavenger hunt. Girls can work in teams or individually	Scavenger hunt sheet, one magazine per girl, pencils

20 minutes	Icebreaker	Have the girls share their favorite fashion store and their current favorite outfit or piece of clothing and why.	
5 minutes	Introduction	<b>Talk with the girls about the importance of being positive and considering each other's feelings. We will be evaluating clothing (some that your fellow Girl Scouts may treasure or consider their favorite outfit) so we want to make sure that we discuss more about what we like and to be constructive about things we don't like.</b>	
15 minutes	Design 1	<b>Casual Wear:</b> Girls break into teams of four. Girls start with the outfits they wore to the meeting and discuss why they picked the clothing they did. Was it the color, the fit, was it to stay warm or cool because of the temperature outside? Then have team members evaluate each other's outfits focusing on what they like about it, make suggestions about fun layers they could add, accessories (jewelry, hats, purses, etc). Use the Fashion Lingo Guides to recognize styles.  Share with the group: Which outfits do we love? Could we combine pieces from each girl to make a super outfit? What makes each outfit special?	Outfits Accessories Fashion Lingo Guide
15 minutes (optional)	Design 2	<b>Sportswear:</b> Girls change into their second outfit and introduce it to their group. Teams discuss what in the outfit made it count as "sports wear." Was it the shoes? The type of fabric? Would you add accessories? Discuss what they like about their outfits. Groups show off and talk about what they like about these outfits with the larger group. What makes sportswear so popular and what makes sportswear important to certain activities (ex: why do we not wear flip flops when we are in gym class?) Use the Fashion Lingo Guides to recognize styles.	Outfits Accessories Fashion Lingo Guide
15 minutes	Snack break	Healthy snacks are always a good idea. Try fruit or vegetable infused waters- cucumber, strawberry, or melon. Delish!	Healthy snack drinks
15 minutes (optional)	Design 3	<b>Formal Wear:</b> Girls change into their third outfit and discuss what formal event they have worn it to or will wear it to (church, theater, school dance, etc) Teams discuss what makes a formal outfit special compared to sportswear or casual wear. How do the girls feel when they have the formal wear on? What else could the girls do to their outfits such as accessories to add. Discuss what they like about their outfits. Groups show off and talk about what they like about these outfits with the group. How can you turn it up and make it super formal? Or dress it down and make it more casual? Use the Fashion Lingo Guides to recognize styles.	Outfits Accessories Fashion Lingo Guide
30 minutes	Craft	No Sew T-shirt bags. See instructions <a href="http://www.momypotamus.com/no-sew-t-shirt-tote-bag-tutorial/">http://www.momypotamus.com/no-sew-t-shirt-tote-bag-tutorial/</a>	Girls should bring an old t-shirt to turn into a designer bag! Scissors

		*If time permits, fabric paint and embellishments can be provided for girls to decorate their bags. It is recommended that any decoration be done after the cutting, but before tying the bag.	Instructions
10 minutes (optional)	Activity/wrap up	Dance Party! Finish snacks, mingle, talk about fashion. Let the girls take the lead and have a great time.	Music player
10 minutes	Wrap up	Remember a Girl Scout always leaves a place better than she found it! All should help clean up. Have a final conversation about fashion and how good our clothes can make us feel and how we can use fashion to express ourselves!	
<b>Session 2</b>		Now it's time for the girls to become Fashion Designers- Girls will learn how to use color, patterns, and shapes to express themselves in fun and fashionable ways.	
10 minutes	Registration and activity	While the girls are signing in they can work on fashion doll coloring pages.	Crayons/colored pencils Paper doll activity sheet
30 minutes	Design Challenge 1	Color/pattern mash up. Put together three color combinations that work for you! Share what you like about these ideas with the group. Use the fashion plates to design an outfits and match to fabric swatches in the kit to test your color/pattern combinations. What works best as a skirt? Or a top? Girls can experiment to see what they like best.	Templates Fabric Tape Fashion Lingo Guide
30 minutes	Design Challenge 2	Working in a team of three use the Fashion Plates to design an outfit for a special occasion. Use the fabric to show what materials the pieces would be made out of and to estimate how much the dress would cost using those fabrics. Hold a show of the designs with one girl showing the design and one girl describing the outfit.	Templates Fabric Tape Fashion Lingo Guide
15 minutes	snack		
30 minutes	Design Challenge 3	In your team of three choose a special population (for a career, for a person with a special need, for a person at a certain life stage or for pursuit of a special activity or sport). Using the plastic & paper bags and tape, the girls dress one person from their group in the outfit they created using plastic bags and paper. Have one girl from the group be the spokesperson and during the fashion show describe the outfit.	Paper bags, Plastic bags, tape, duct tape,
10 Minutes	Wrap-up/Career paths/ Closing	Provide girls with some area colleges and schools specializing in fashion related careers. Do evaluations and clean up.  <b>*Please complete kit evaluation form and leave in kit*</b>	List of possible careers in fashion, and schools in PA with fashion as a major