



## ADULT HEALTH HISTORY

Date \_\_\_\_\_

Adult name \_\_\_\_\_

Address \_\_\_\_\_

Street

City

State

Zip

Name of family physician \_\_\_\_\_ Phone \_\_\_\_\_

### INSURANCE INFORMATION

Is the participant covered by family medical/hospital insurance?  Yes  No

If so, indicate carrier or plan name \_\_\_\_\_ Group # \_\_\_\_\_

### HEALTH HISTORY

List any physical or behavioral conditions that may affect or limit full participation in Girl Scout activities:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Allergies (medication, food or other) \_\_\_\_\_

\_\_\_\_\_

**RESTRICTIONS** – The following restrictions apply to this individual:

- Does not eat red meat     Does not eat pork     Does not eat eggs     Does not eat dairy products
- Does not eat shellfish     Does not eat poultry     Does not eat peanuts
- Allergy to latex     Allergy to stinging insects     Other \_\_\_\_\_

**Medications being taken (prescription and over-the-counter)**

\_\_\_\_\_  
\_\_\_\_\_

*In case of an emergency, please notify:*

Emergency contact name \_\_\_\_\_

Relationship \_\_\_\_\_

Phone-Day (    ) \_\_\_\_\_ Evening (    ) \_\_\_\_\_

Emergency contact name \_\_\_\_\_

Relationship \_\_\_\_\_

Phone-Day (    ) \_\_\_\_\_ Evening (    ) \_\_\_\_\_

Participant's signature \_\_\_\_\_

Date \_\_\_\_\_