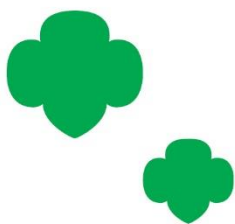




Camp Welcome Guide

Camp Skymeadow



WELCOME TO CAMP

We are excited that you have chosen Camp Skymeadow to meet your troop's camping needs. We strive to offer an excellent camping facility and great outdoor experiences.

For more than a century, camping has been a cornerstone of the Girl Scout Leadership Experience. It's a tradition that endures because of the fun, friendship, and amazing adventures that take place.

Did you know 80 percent of Girl Scouts who have been camping said it was their most memorable experience? Also, Girl Scouts who have regular outdoor experiences are better problem solvers and challenge seekers, and spending time in nature promotes healthy social development and improves concentration and creative reasoning.

Inside this brochure you will find the following information:

- Emergency contact information
- Procedures and Regulations
- Attractions in the area
- Local shops: for pizza, coffee, groceries, ice cream
- Activities & Amenities available at camp
- Answers to frequently asked camp questions

We hope you enjoy your stay and please remember:

The amazing thing about camp is it truly brings out the best in everyone, and you don't feel like you have to change who you are.

EMERGENCY CONTACT INFORMATION:

In case of serious incident, illness, accident, or injury:

1. Determine extent of injury and give appropriate first aid, as qualified.
2. Call for emergency help.
3. Alert GSWPA at:
 - a. 800-248-3355 (business hours)
 - b. 877-359-7878 (after hours)

In case of minor emergency, such as power outage, cannot access building, etc., please call:
724-859-6651

Local Emergency Contacts:

Indiana Regional Medical Center	724-357-7000
Ambulance/Fire/Police	911

Address and directions to medical facility:

Indiana Regional Medical Center
835 Hospital Road, Indiana, PA 15701

1. Head out of camp and turn right onto Allshouse Road.
2. Go 1.0 miles and turn left onto PA-156.
3. Go 3.4 miles and turn right onto PA-156/PA-56.
4. Go 9.1 miles and turn right onto Route 422 East. Stay on 422 East for 9.4 miles.
5. Merge onto US-119 S via Exit A toward Blairsville.
6. Merge onto Wayne Avenue.
7. Turn right onto Hospital Road.

The hospital is a 26.5 mile (35-40 minute) drive from camp.

ACTIVITIES AND AMENITIES AVAILABLE AT CAMP:

- Swimming pool with water slide
- Canoeing
- Stand Up Paddleboards
- Fishing pond with equipment
- Archery range with compound bows and targets
- GPS units for geocaching/orienteering
- Gaga pit
- Hiking and nature trails
- Tomahawk Throwing Range
- 9 Hole Frisbee golf course
- Program Kits for select badges

FREQUENTLY ASKED CAMP QUESTIONS:

Where are the trash dumpsters located? The trash and recycling dumpsters are located between the brown and green garages located near the camp entrance. The green dumpster is trash and the red dumpster is recycling.

Is firewood provided and where is it located? Yes, each lodge has a fire wood box. Forest, Evergreen and Orchard's is located outside the back door. Alpine has two, one outside the front door, and one next to the outdoor fire circle. Both tent units and the yurts have one next to the fire ring. There is kindling and fire starter in the furnace room of all the lodges and in the cabinet under the pavilion at both tent units and yurts. The Ranger asks that the groups gather some kindling and leave it for the next group, as well as leave fire starters.

Do you supply pie irons, forks, cook box, etc.? Yes, the pie irons and forks are in the furnace room in all the lodges. At the tent units and the yurts, they are all located in the cabinet under the pavilion. The outdoor cooking equipment is in the outdoor cooking shed at Forest Lodge and the shed is unlocked when groups are in camp.

Do you offer ice? There is an ice machine in the Evergreen Lodge. If Evergreen is occupied, please knock and ask permission to get ice. If unoccupied, please contact the Ranger.

Where can I find the activity equipment I reserved? The GPS units should be in your unit when you arrive to camp. The fishing, archery, and canoe equipment are in the shed at the respective program area and will be unlocked when the facilitator is there to run the program. The sports equipment is in the sports shed next to the sports field behind the log cabin, and the shed is unlocked when groups are in camp.

LOCAL ATTRACTIONS:

Sky Zone Trampoline Park

160 Levin Way, Monroeville, PA 15146-1542
412-810-0200

This trampoline park has a free jump area including 'wall trampolines', a foam pit, which the kids love, and a basketball trampoline area, making it easy for most teens and adults to 'slam' a ball.

Carnegie Science Center

1 Allegheny Ave., Pittsburgh, PA 15212-5895
412-237-3400

Visit Pittsburgh's most-visited museum, with four floors of interactive exhibits. Marvel at astronomy in Buhl Planetarium, discover the science behind robotics in roboworld®, and learn about the human body in BodyWorks, and much more.

Phipps Conservatory and Botanical Gardens

1 Schenley Drive, Pittsburgh, PA 15213-3830
412-622-6914

Discover breathtaking seasonal flower shows and special exhibits, a nationally-recognized orchid collection, butterflies, botanical gardens, fun family activities, and much more.

Pittsburgh Zoo & PPG Aquarium

7370 Baker St., Pittsburgh PA 15206-1075

412-665-3640

Enjoy a family experience that fosters understanding, respect, and appreciation of wildlife with a visit to the Pittsburgh Zoo. Take a trip to the Islands and get an eye to eye view of warty pigs, Philippine crocodiles, and clouded leopards. There is so much to explore at the Zoo, we provide 77 acres of fun!

Kennywood Park

4800 Kennywood Blvd., West Mifflin, PA 15122-2399

412-461-0500

Kennywood is America's Finest Traditional Amusement Park! Located just outside Pittsburgh, PA, Kennywood offers a unique mix of classic rides and modern thrills, including six roller coasters, a 14-ride Kiddieland, and several attractions that cannot be found anywhere else. Kennywood's three wooden coasters have all been designated Landmark rides by the American Coaster Enthusiasts (ACE).

Idlewild & Soak Zone

Rt. 30 East, Ligonier., PA 15658

724-238-3666

Attractions that include the Rollo Coaster, Soak Zone, Storybook Forest, and so much more make Idlewild & Soak Zone the place to be for everyone young and old!

Bushy Run Battlefield

1253 Bushy Run Rd., Jeannette, PA 15644-3808

724-527-5584

Bushy Run Battlefield preserves and interprets for citizens and visitors the site of this pivotal battle fought between British and Native Americans during the conflict known as Pontiac's War (1763-64). Highlights of the site include the interpretive exhibit, "The March to Bushy Run" at the site's visitor center, as well as guided and self-guided tours, special events and educational programs.

Senator John Heinz History Center

1212 Smallman St., Pittsburgh, PA 15222-4208 **GET DIRECTIONS**

412-454-6000

There is so much to see from sports to American history and—of course—the history of ketchup, and there is a complete section of Mr. Roger's Neighborhood. It is children-friendly with a focus on innovation and creativity.

Local Pizza Shop:**M & M Pizza**

413 Indiana Ave., Avonmore PA 15618

724-697-5596

Vocelli Pizza

2260 River Road, Vandergrift, PA 15690

724-567-5600

Local Places for a Good Cup of Coffee:**Coffee Klatch Café**

1731 State Route 56, Spring Church, PA 15686

724-478-5284

Happy Day Café

101 Main St., Leechburg, PA 15656

724-845-9243

Local Shops & Grocery Stores:**Feilings Farm Market**

323 Westmoreland Ave, Avonmore, PA 15618

724-697-2073

Giant Eagle Market

41 Towne Center Dr., Leechburg, PA 15656

724-845-9298

Local Ice Cream stand:**Dairy Queen**

2130 River Road, North Apollo, PA 15673

724-478-1291

Sweetlane Chocolate Shop

113 Grant Ave., Vandergrift, PA 15690

724-568-2961

CAMP OVERVIEW:

Camp Skymeadow boasts four modern heated lodges with indoor bathrooms and showers, electricity, and full kitchens, along with two platform tent units and a small yurt unit. Camp Skymeadow offers great activities and resources including a swimming pool with water slide, natural pond for canoes and stand up paddleboards, a fishing pond, archery, Gaga ball pit, and plenty of trails for hiking, mountain bike riding and horseback riding. Camp Skymeadow also has a new, 30-stall barn for use during the summer season.

Alpine Lodge: A winterized lodge that sleeps 30 with an indoor fireplace. There are 12 bunk beds and six mattresses for the floor. Seating is available for 30, with chairs and tables stored in the back room of the lodge. There is a full kitchen with a stove, refrigerator, and microwave. The restroom includes two showers and indoor flush toilets. A fire circle with benches is located nearby.

Alpine Platform Tents: Nine platform tents that sleep 36 with four cots in each tent. The unit has a small pavilion with picnic tables and a fire circle. There is a latrine with four pit toilets and running water. Shower facilities are located at the pool house. This unit does not have electricity. Tents are available May 1 through September 30.

Evergreen Lodge/Dining Hall: A winterized lodge that sleeps 18 on mattresses with an indoor fireplace. Seating is available for 18 with chairs and tables stored in the back room of the lodge. There is an industrial cafeteria kitchen, ice machine, bread warmer, a large convection oven, a high-power microwave, and a dish sanitizer. The bathroom includes two showers and indoor flush toilets. If using this facility as your event dining hall, there are additional tables, chairs, and dishes to accommodate serving 80.

Forest Lodge: A winterized lodge that sleeps 30 with an indoor fireplace. There are 12 bunk beds and six mattresses for the floor. Seating is available for 30, with chairs and tables stored in the back room of the lodge. There is a full kitchen with a stove, refrigerator, and microwave. The restroom includes two showers and indoor flush toilets. A fire circle with benches is located nearby.

Forest Platform Tents: Nine platform tents that sleep a total of 36, with four cots in each tent. The unit has a small pavilion with picnic table, and a fire circle. There is a latrine with four pit toilets and running water. Shower facilities are located at the pool house. This unit does not have electricity. Tents are available May 1 through September 30.

Orchard Lodge: A winterized lodge that sleeps 20. There are 12 cots and eight mattresses for the floor. The lodge includes an indoor fireplace. Seating is available for 18 with chairs and tables stored in the back room of the lodge. There is a full kitchen with a stove, refrigerator, and microwave. The restroom includes two showers and indoor flush toilets. A fire circle with benches is located nearby.

Pony Pavilion (Day Use): Small pavilion with picnic tables and electricity.

Sports Pavilion (Day Use): Large pavilion with picnic tables. No electricity is available.

EMERGENCY PROCEDURES & DIRECTIONS FOR CAMP

SKYMEADOW:

In case of serious incident, illness, accident or injury:

1. Determine extent of injury and give appropriate first aid, as qualified.
2. Call for emergency help.
3. Alert GSWPA at:
 - a. 800-248-3355 (business hours)
 - b. 877-359-7878 (after hours)
4. Speak only to the police or proper authorities. Do not say "No comment" or release names or statements to anyone. Refer all inquiries and media requests to the council spokesperson at 800-248-3355 for more information.
5. Do not sign any statements or reports, except for police.

Arrival: Weekend users may arrive at 4 p.m. No one should be on camp property prior to scheduled time. Please follow the designated time on your User Agreement. The Camp Ranger will unlock the building before each group arrives.

Departure: Weekend users should depart by 1 p.m. Please do not lock the doors when leaving as another group may be arriving after you. It is the responsibility of the user group to clean the site. Allow enough time for this to be a part of your event. An adult should clean the bathroom sinks and toilets and wear rubber gloves. Please use the Rental Departure Form to ensure that all tasks are completed.

Parking: Park in the designated area for each unit. Carry all supplies to the building. Do not drive or park in the grass.

Telephone for Camp Ranger: 724-859-6651

FIRE BUILDING:

Build fires in established areas only. Always have a bucket of water near the fire. Be sure all fires are properly extinguished. Dispose of cold ashes in the small metal ash can. Gather small

wood and leave a few large pieces for the next group. Do not dispose of partially burnt logs, these can be used by the next group in their fire. To reduce the environmental impact of wood fires, do not burn excessive amounts of wood. Use only what is absolutely necessary.

EQUIPMENT AND SUPPLIES:

Equipment available in lodges: The following equipment should be available: pots, pans, skillets, cookie sheets, mixing bowls, colander, measuring cups, can opener, pitchers, cooking utensils, plates, bowls, and silverware, as well as a coffee pot and a microwave.

Equipment available in Tent Units: The following equipment should be available: pots, skillets, cooking utensils.

Supplies available at Lodges & Tent Units: Buckets, brooms, dust pans, mop, rake, shovel, bow saw, commode brush, and dish washing buckets. The following paper products and cleaning supplies will be available at all units: toilet paper in each stall, paper towels, hand soap in dispensers, all-purpose cleaner, bathroom cleaner, floor cleaner, and trash bags for each trash can. Users are responsible for any items beyond what is listed above.

Equipment and Supplies groups are required to bring to camp: First Aid Kit, insurance forms, program supplies, personal gear, bedding, food, special cooking equipment, hand sanitizing products, matches, hot mitts, dish detergent, dish cloth and towel, sponge, and rubber gloves for cleaning the bathrooms. A battery-powered radio, this brochure, and a flashlight.

CAMPSITE RULES AND REGULATIONS:

Food Handling Procedures

- Stored food should be kept off the floor in properly sealed containers. Doors to food preparation areas should be closed.
- Refrigerated food should be kept in temperatures below 40°F. There is a thermometer in all refrigerators. Check the temperature to make sure that it does not exceed 40°F. If the refrigerator is above 40°F, please note it on the Site Maintenance Card.
- Garbage and rubbish cans in the kitchen are to be leak-proof and securely covered or tied when not in use. This will reduce the number of flies and other insects on or around exposed garbage in order to control/prevent the spread of disease.
- Use only clean and sanitized utensils and equipment during food preparation.
- Food contact surfaces including counters, cutting boards, and knives that contact raw food during food preparation must be cleaned and sanitized after each use. It is suggested to use a bleach solution or other commercial sanitizer between times of use.
- Anyone involved in food preparation should take the appropriate safety precautions when holding, cooling, thawing, and serving food. The minimum temperature for holding hot foods is 140°F. Food temperature should be monitored periodically.

Dishwashing Procedures

- For washing dishes by hand, the wash and initial rinse temperature should be at least 100°F. A second-rinse process should be used with sanitizing tablets or a bleach mix.

- All dishes and food service utensils must be air dried and protected from dust and contamination between uses.

Waste Disposal

Place trash in lined garbage bins. Before leaving the site, take the closed bag, including the trash from the bathroom, to the designated dumpster (green dumpster). Pick up all litter on the property. Encourage girls to recycle. Place all item that can be recycled in the recycling dumpster (red dumpster). Please check the camp map for locations of dumpsters.

Vandalism

Discuss site usage with the group. Tell them how to respect the property and to observe the following: do not cut down live trees; do not write on walls or tents; do not destroy the natural habitat; do not pick plants or wild flowers; and do not carve into trees or tables. Graffiti is not tolerated. Once it starts, it spreads! Please stress this with the group. A fine will be assessed to individuals and/or groups defacing and/or destroying property. Groups misusing sites may be denied future reservations.

Health Care

An adult with CPR, First Aid and AED certification from a nationally recognized provider must accompany the group to provide emergency care. User groups are to provide their own first aid kit, be responsible for emergency transportation, and provide first aid and emergency care.

Health Information

User groups are to have the following information for all group members at camp: name and address of all participants; emergency contact names and numbers; a listing of any persons with known allergies or health conditions requiring treatment, restriction, or other accommodations while on site; a signed permission to seek emergency treatment or a signed religious waiver for minors without a parent on site.

Safety Procedures and Regulations

- Gas, liquid flammables, explosives and hazardous or poisonous materials must be handled only by persons trained or experienced in their safe use and disposal. They must be stored with access limited to trained persons, in closed safe containers that are clearly labeled and in locations separate from food. Some cleaning products may be poisonous, and children should be supervised in their use. Such materials should be stored out of the reach of children when not in use.
- Campers should alert an adult if they see a “stranger” in camp. Adults should approach anyone perceived as a stranger (if appropriate) and ask them why they are in camp. If the person(s) are not a member of another user group, they should be told to leave camp. If an adult does not feel comfortable approaching a perceived “stranger,” call the Ranger or the police for assistance.
- Use the “buddy system.” Girls should be supervised and must let an adult know where they are at all times.
- Do not transport campers in non-passenger vehicles, such as the back of pick-up trucks or wagons, where seats are not attached to the vehicles.
- Drive slowly and follow posted speed limits and directional signs.
- Running is encouraged at camp during games and on grassy areas. Please walk on gravel roads and unstable trails.
- Socks and closed toe shoes or sturdy sports sandals with heel straps must always be worn. NO FLIP FLOPS OR CROCS!

- NO FOOD IN THE TENTS.
- Treat all campers in your group and in other groups with respect.
- If you hang clotheslines they should be removed when you leave.
- Group leaders should organize and carry out a fire drill on the first day of camp.
- Open flamed candles are not permitted to be burned inside buildings and tents.
- An adult must be designated to supervise camper arrival and departure.
- Hunting is not permitted in camp. During October, November and December, campers are advised to wear bright clothing and not stray from the group.
- The council leases sites to non-Girl Scout groups. Girl Scout groups have first priority. User groups with boys or men are not to enter living areas other than the one they have reserved. They are to limit exploration of the grounds to common areas such as the road, trails, and other program areas. An adult must accompany groups with males to areas outside of the unit/building.
- Minimal Impact Camping - Leave no trace of activities. Preserve the landscape of the site, as well as the solitude and spirit of the wilderness.

Personal Property Regulations

- The possession and/or use of illegal drugs and alcohol is prohibited.
- Smoking is not permitted in cabins, tents, yurts or buildings. User groups should designate a smoking area that is away from children and nonsmokers.
- Personal sports equipment such as archery equipment, canoes, or other equipment that should be stored and handled safely for the protection of all individuals, should be stored away from campers when not in use.
- All vehicles are to be locked and parked in the designated parking areas. At no time should any vehicle be driven off road or parked on the grass.
- Personal pets are not permitted in camp.
- Firearms and weapons are not permitted on camp property.
- Girl Scouts Western Pennsylvania (GSWPA) is not responsible for the loss or damage of user group personal property.

CAMPER SUPERVISION RATIOS:

Adults must be present in the following ratios at all times for general camp activities that do not require special technical skills, equipment or safety regulations:

- **Girl Scout Daisy* (grades K-1):** 1 troop leader & 1 unrelated approved volunteer to every 6 campers, plus one approved volunteer for each additional 4 campers
- **Girl Scout Brownie (grades 2-3):** 1 troop leader & 1 unrelated approved volunteer to every 12 campers, plus one approved volunteer for each additional 6 campers
- **Girl Scout Junior (grades 4-5):** 1 troop leader & 1 unrelated approved volunteer to every 16 campers, plus one approved volunteer for each additional 8 campers
- **Girl Scout Cadette (grades 6-8):** 1 troop leader & 1 unrelated approved volunteer to every 20 campers, plus one approved volunteer for each additional 10 campers
- **Girl Scout Senior (grades 9-10):** 1 troop leader & 1 unrelated approved volunteer to every 24 campers, plus one approved volunteer for each additional 12 campers
- **Girl Scout Ambassador (grades 11-12):** 1 troop leader & 1 unrelated approved volunteer to every 24 campers, plus one approved volunteer for each additional 12 campers

**Under the leadership of an adult, and with parents, guardians, or other family members participating, a Girl Scout Daisy troop may participate in an occasional overnight camping experience.*

An adult should never be alone with a camper(s). A minimum of two adults must be present at all times.

DIRECTIONS:

From Kittanning:

Take 422 East to Elderton. Turn right onto 210 South (Tina's Log Cabin Restaurant). Go 3.7 miles to stop sign. Turn right onto 56 west. Go 6.1 miles to Kool Kone/Double K Restaurant. Turn left onto 156 South. Go 3.3 miles to Salina sign. Turn right on Allshouse Road. Go 1.1 miles. Camp is on the left.

From Apollo:

Take 56 East, 7.5 miles from Apollo. Turn right onto 156 South at Kool Kone/Double K Restaurant. Go 3.3 miles to Salina sign. Turn right on Allshouse Road. Go 1.1 miles. Camp is on the left.

From New Kensington, Greensburg, Monroeville:

Take 380 East for 4 miles from 66 North. Turn left at stop sign at 819 North. Go about 1 mile and stay straight onto 981 South. Go 0.2 miles to Salina stop sign. Turn left through Salina. Turn left onto Edmon bridge. Cross the bridge and bear right. Go until road makes a "Y" at Buelah Church Rd. Stay to the right at the "Y". Continue down the road; at the next "Y" at Adair Road, stay to the left. Go about ½ a mile and turn right at Allshouse Road. Go 0.7 miles to stop sign. Bear right and go down the hill. Camp is on the right.