Girl Scouts Western Pennsylvania First Aider Information Sheet

Check Safety Activity Checkpoints for the most up-to-date and accurate first aid information.

General First Aid Certification Requirements

Certification must include adult and pediatric CPR, first aid, AED, and face-to-face, hands-on skill checks for:

- · checking a conscious victim,
- · checking an unconscious victim,
- · adult and pediatric CPR,
- adult and pediatric conscious choking,
- · controlling bleed, and
- · sudden illness.

What is NOT accepted?

- online-only courses
- pediatric-only courses
- · CPR without AED certification

Separate Trainings

All three components of training (first aid/CPR/AED) are required. This can be covered by one volunteer who is certified in all portions or two approved volunteers.

When is a First Aider Needed?

Anytime a troop or group of Girl Scouts are meeting outside of their usual meeting time or location and as determined in *Safety Activity Checkpoints*.

General First Aider

Is an adult volunteer who has taken Girl Scout-approved first aid and CPR training that includes specific instructions for adult and pediatric CPR, first aid, and AED training that minimally includes face-to-face skill checks.

Advanced First Aider

Is an adult volunteer with general first aid certification and additional health, safety, or emergency response expertise. Advance first aiders include: physician, physician assistant, nurse practitioner, registered nurse, licensed practical nurse, paramedic, military medic, wilderness training, certified lifeguard, or EMT.

When access to emergency medical services is more than 30 minutes away, an advanced first aider is required.

Accepted Certifications

This is a list of the most common trainings in our area. If you find a training location or certification not listed below, contact customer care at 800-248-3355 or customercare@gswpa.org.

First aid/CPR/AED training that is available entirely online is not accepted. Blended online/in-person courses are accepted.

Certifying Organization	Name of Certification
American Red Cross	Adult and Pediatric First Aid/CPR/AED Wilderness and Remote First Aid
American Heart Assocaition	Heartsaver Pediatric First Aid/CPR/AED Heartsaver First Aid/CPR/AED Heartsaver CPR Heartsaver AED (CPR/AED) BLS for Healthcare Providers
American Safety and Health Institute	Basic First Aid/CPR
Emergency Care and Safety Institute	Standard First Aid/CPR/AED, Wilderness First Aid Basic/CPR/AED
National Safety Council	First Aid, CPR, AED

Once certified, email a copy of your certification to customercare@gswpa.org. A staff member will review your certification and add it to your account.

Need help finding an approved first aid course?

Check out the GSWPA First Aid Network. The First Aid Network is a listing of approved first aid, CPR, and AED certifying organizations in western PA. Not all organizations are listed on the network.



