

| Time | | Friday | | | | |
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| 6:30-7:30 p.m. | | Check-in | | | | |
| 7:30 -8:30 p.m. | | Social Hour / Volunteer Share | | | | |
| Time | | Saturday | | | | |
| 8:00-9:00 a.m. | | Check- In begins! Grab & Go Breakfast & Welcome Opening Flag Ceremony | | | | |
| 9:15-10:15 a.m. | Resource Expo & Pop Up Shop | Naturalist Knowledge and Leave No Trace | Knife Skills: Whittling | Orienteering | Archery & Range Safety Min: 3 Max: 15 (10-11:30 a.m.) | Let's Go Camping 2 <i>*gsLearn pre-work</i> Min: 3 Max: 12 (9:15 a.m.-1:15 p.m.) (lunch included) |
| 10:30-11:30 a.m. | | Take Action Projects | Intro to Ceremonies | Knot Tying | | |
| 11:45 a.m. - 12:15 p.m. | | Lunch | | | | |
| 12:15-1:15 p.m. | | Pop-up shop, Resource Expo/ Troop Mentors, or Camp Tour <i>(optional)</i> | | | | |
| 1:30-3:00 p.m. | | Backpacking & Intro to Wilderness Survival | First Aid/CPR/AED <i>*Red Cross pre-work</i> Min: 3 Max: 12 | Journeys, Badges & Awards, Higher Awards | Camp Songs & Traditions | |
| 3:15-4:15 p.m. | Letterboxing | Outdoor Games | Finance Training | Archery & Range Safety Min: 3 Max: 15 (3:15-5:30 p.m.) | Train the Trainer: Let's Go Camping 2 <i>*gsLearn pre-work</i> Min: 3 Max: 15 (1:30 – 4:00 p.m.) | |
| 4:30-5:30 p.m. | Managing Multi-Level Troops | Knife Skills: Soap Carving | Traveling with/for Girls | | Geocaching | |
| 5:45-6:00 p.m. | Closing Flag Ceremony | | | | | |
| 6:15-7:15 p.m. | Dinner | | | | | |
| 7:30-8:30 p.m. | Campfire S'mores | | | | | |

| Time | Sunday | | | | |
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| | Opening Flag Ceremony | | | | |
| 8:00-9:00 a.m. | Grab & Go Breakfast | | | | |
| 9:15-10:15 a.m. | Youth Mental Health First Aid Min: 10 Max: 30 (9:15 am – 5:00 pm) (Lunch included) | Orienteering | First Aid/CPR/AED <i>*Red Cross pre-work</i> Min: 3 Max: 12 (9:15 a.m.-10:45 a.m.) | Advanced Knots & Lashing | Let's Go Camping 2 <i>*gsLearn pre-work</i> Min: 3 Max: 12 (9:15 a.m.-1:15 p.m.) (Lunch included) |
| 10:30-11:30 a.m. | | Camp Songs & Traditions | Letterboxing | Small Craft Safety Training: Canoe/ Kayak Min: 3 Max: 6 (10:30 a.m.-2:30 p.m.) (Lunch included) | |

Girl Scouts Western Pennsylvania Leadership Summit 2024

| Session Name | Session Description |
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| Advanced Knots & Lashing | Having the knowledge to tie and lash using complicated knots can help while you are outdoors, need to create canopies, or store items. Learn how to tie and lash: diagonal lashing, square lashing, shear lashing, and tripod lashing. |
| Archery & Range Safety | Join the Girl Scouts Western Pennsylvania outdoor program staff at Camp Redwing to get trained in Archery. With this training, you will be able to rent and facilitate archery at any Girl Scouts Western Pennsylvania camp property. |
| Backpacking & Intro to Wilderness Survival | This session is designed to teach you what to pack for a backpacking session and some wilderness survival skills. This is an introduction to both, and you will engage in a few scenarios that you could find yourself in while taking girls further into the woods. |
| Camp Songs & Traditions | Learn and review camp songs and traditions such as the Girl Scout motto, handshake, and more. After this session, you will be able to teach girls songs and traditions so that girls can perform the songs and traditions at meetings or outings. |
| Finance Training | A well-managed bank account funds the fun for girls—and sound financial practices are key to maintaining a healthy troop or service unit account! In this session, you'll review the updated finance report and take a deeper dive into tools that can help you successfully manage your troop or service unit's finances. |
| First Aid/CPR/AED | <p>The Girl Scout motto is to be prepared- taking this American Red Cross Adult and Pediatric First Aid/CPR/AED course is a great start to being prepared.</p> <p>In this Blended Learning course, you will complete an online training course to learn the foundational skills of First Aid/CPR/AED (takes approximately 2 hours) and then you will demonstrate your skills at an in person session. You must complete the online training course prior to the in-person skills session.</p> <p>A confirmation letter and instruction for completing the online portion of the course will be sent to you following registrations. Please make sure to look for these important documents.</p> |

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| Geocaching | Learn how to use a GPS unit to go geocaching, which is hunting for and finding hidden objects by means of GPS coordinates. After this session, you will be able to teach girls how to go geocaching. |
| Intro to Ceremonies | Learn when and how to use essential Girl Scout Ceremonies that you can incorporate into your Girl Scout meetings and activities to create memorable experiences for girls. Ceremonies are a great way to connect the girls with the long-standing Girl Scout Sisterhood! |
| Journeys, Badges & Awards, Higher Awards | Are you looking to learn more about what girls can do in Girl Scouting? Learn more about how to lead/facilitate Journeys and badges. Often wondering what else can girls earn? Learn more about other awards and higher awards. This session will give you an overview of all things girls can earn during their time as Girl Scouts. |
| Knife Skills: Soap Carving | Learn how to safely carve fun shapes in soap bars and teach this activity to girls to create exciting handmade projects! |
| Knife Skills: Whittling | Learn how to whittle pointed sticks for stick cooking and teach your girls how to whittle for cooking and/or for fun. Keep and use your whittled stick during the campfire networking activity to make s'mores! |
| Knot Tying | After reviewing elementary knots, this session will walk through different types of complicated knots, including the bowline knot, figure-eight loop, sheet bend, two half-hitches, clove hitch, taut-line hitch, slipped buntline hitch, timber hitch, and which to use in certain situations. Fun games for teaching these knots to girls will be shared. |
| Let's Go Camping 2 | Roll up your sleeves and get ready for Let's Go Camping 2. This 3 1/2-hour hands-on outdoor training experience focuses on fire safety and fire building, knife safety, knot tying, outdoor cooking, outdoor first aid, and tent care. By successfully completing Let's Go Camping 1 and Let's Go Camping 2, participants will have full use of all Girl Scouts Western Pennsylvania properties and equipment. Please note that the use of amenities such as archery equipment, canoes, ropes, rifles, etc. may require additional training or a certified adult present. Pre-Requisite: Must have completed Let's Go Camping 1 in gsLearn. |

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| Letterboxing | It's a pirate's life for you as you learn the ins and outs of letterboxing—the art of hiding and finding small, weatherproof boxes through witty and challenging clues. This “treasure hunt” style activity is the perfect outdoor challenge for Daisy and Brownie campers. We will start with writing and solving clues, go out to find letterboxes, and practice making our own letterboxes. You'll have some fun and walk away with the knowledge and resources you need to take on a treasure hunt of your own. |
| Managing Multi-Level Troops | Keeping a multi-level troop running smoothly can be a challenge! But we know you're up to the task. Come learn some tips on organizing and planning for a multi-level troop and how to keep all girls engaged. |
| Naturalist Knowledge and Leave No Trace | Go through an overview of basic naturalist information including tree identification, bird calls, wildlife of western Pennsylvania, and answers to any nature questions you might have. After this session, you will be able to teach girls about local flora and fauna, inspiring them to learn more about their environment. Review the seven principles of Leave No Trace and learn easy activities and games to use to teach girls. After this session, you will be able to help your girls learn about stewardship to preserve and protect our environment. |
| Networking & Camp Tour | Join us whether it's your first time visiting Camp Redwing learn more about camp amenities and activities offered year-round. Take a tour of our beautiful 123-acre camp. The more you know about camp, the more you can share with your girls! This is an optional activity. |
| Orienteering | Learn how to use a compass and map to navigate. After this session, you will be able to teach girls how to use a compass and map to navigate in the wilderness. |
| Outdoor Games | Learn and practice some simple team-building activities that can be played outdoors with girls. After this session, you will be able to teach your girls fun games to play outside. |
| Planning Events | Whether you're planning an event for just your troop or a large event for a service unit, the planning steps are the same! In this session, you'll learn how to incorporate girl voice into the event planning process, how to involve volunteers and other adults, how to keep safety in mind as you plan and hold your event, when and what forms you may need to complete, and more! |
| Resource Expo & Pop-Up Shop | Drop by the Resource Expo & Pop-Up Shop spotlighting the fantastic resources and information from product program, girl program, and member retention and a pop-up shop for you to stock up on your favorite Girl Scout goodies! |

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| <p>Small Craft Safety Training: Canoe/Kayak</p> | <p>Learn the Skills needed to take your girls out in Canoes or Kayaks. This training will allow you to take girls out in flatwater or slow-moving water (Camp Redwing) as well as rent our boats at Camp Redwing and Skymeadow.</p> <p>To sign into myGS, go to MyAccount, and then click on gsLearn on the left. Once in gsLearn, they can search the Content Library for either the Girl Scouts Small Craft Safety Training: Canoes, Kayaks, and Stand-up Paddleboards.</p> <p>Please come prepared to get wet, as we will learn how to get back into your craft. Closed-toe shoes are required. No Flip-flops!</p> |
| <p>Take Action Projects</p> | <p>Take Action projects are where girls will create and carry out a Take Action project with every Journey that they complete. Learn the difference between Take Action projects and community service. Learn how to guide girls to brainstorm ideas, get feedback, and come up with a plan after they have completed their Journeys.</p> |
| <p>Train the Trainer: Let's Go Camping 2</p> | <p>This session will prepare current outdoor-trained volunteers to facilitate Let's Go Camping 2 trainings for fellow volunteers. Participants will complete Let's Go Camping 1 in gsLearn along with an introductory session, get tips from a current trainer, and demonstrate their fire-building, knot-tying, and knife safety skills. After taking this training, you will be a council-certified outdoor trainer.</p> <p>Limit: 15 participants</p> <p>(no additional fee required for this certification)</p> |
| <p>Traveling with/for Girls</p> | <p>Are you ready to travel with girls? Learn the progression of traveling with girls and how to plan, prepare, and implement a trip. Learn about other travel opportunities that Girl Scouts have at their fingertips.</p> |
| <p>Youth Mental Health First Aid</p> | <p>Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include</p> |

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| | <p>anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.</p> <p>This program is for 2023-24 registered Girl Scout Adults and non-member adults age 18 and older. An email will be sent to registrants two weeks prior to the event with an invitation to complete pre-work. Please complete your pre-work (about 2 hours) before the date of the event. We will have a working lunch, so please plan accordingly.</p> <p>Youth Mental Health First Aid will consist of a 6.5-hour instructor-led in-person training.</p> <p>Youth Mental Health First Aid is an early intervention public education program. It teaches adults how to recognize the signs and symptoms that suggest a potential mental health challenge, how to listen nonjudgmentally and give reassurance to youth who may be experiencing a mental health challenge, and how to refer a person to appropriate professional support and services.</p> <p>Limit: 30 participants.</p> |
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