



# 2026 Woman of Distinction Communications



**Trina DeMarco Preffer**  
Director, Communications &  
Community Partnerships  
*Eat'n Park Hospitality Group*

Trina DeMarco Preffer is the director of communications and community partnerships for Eat'n Park Hospitality Group. She leads initiatives that strengthen company culture, build community, and foster meaningful partnerships with the company's 10,000 team members and across its 13-state operating region. Trina is passionate about empowering others to engage with purpose and create lasting impact.

Her commitment to community extends beyond her role at Eat'n Park Hospitality Group. Trina volunteers at her children's schools, her family's church, South Hills Interfaith Movement, and her daughter's Girl

Scout troop. She serves on committees for Grantmakers of Western Pennsylvania and United Way's Women's Leadership Council, and she is a member of the Children's Trust at UPMC Children's Hospital and United Way's Impact Cabinet. Through these efforts, Trina champions initiatives that support families, help neighbors meet basic needs, and strengthen communities.

A Mon Valley native, Trina attended Penn State University majoring in public relations and resides in the South Hills with her husband, Chris, and their two children, Eli and Grace.